

# What's on the Menu?

**Sparta's Secondary Breakfast Menu September 18<sup>th</sup> – October 13<sup>th</sup>, 2023**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese</b> <b>Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt</b> 100% Fruit Juices Assorted Fruit <b>SEPT. 18</b>	<b>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese</b> <b>Sausage Biscuits &amp; Gravy</b> <b>Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt</b> 100% Fruit Juices Assorted Fruit <b>SEPT. 19</b>	<b>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese</b> <b>Overnight Oats</b> <b>Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt</b> 100% Fruit Juices Assorted Fruit <b>SEPT. 20</b>	<b>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese</b> <b>Donuts</b> <b>Assorted Cereal/Bars, Pop-Tarts, Muffins, &amp; Yogurt</b> 100% Fruit Juices Assorted Fruit <b>SEPT. 21</b>	<b>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese</b> <b>Cinnamon Rolls</b> <b>Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt</b> 100% Fruit Juices Assorted Fruit <b>SEPT. 22</b>
<b>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese</b> <b>Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt</b> 100% Fruit Juices Assorted Fruit <b>SEPT. 25</b>	<b>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese</b> <b>Breakfast Chicken Biscuit w/ Syrup</b> <b>Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt</b> 100% Fruit Juices Assorted Fruit <b>SEPT. 26</b>	<b>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese</b> <b>Donuts</b> <b>Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt</b> 100% Fruit Juices Assorted Fruit <b>SEPT. 27</b>	<b>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese</b> <b>Mini Pancake Wraps</b> <b>Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt</b> 100% Fruit Juices Assorted Fruit <b>SEPT. 28</b>	<b>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese</b> <b>Cinnamon Rolls</b> <b>Assorted Cereal/Bars, Pop-Tarts, Muffins, &amp; Yogurt</b> 100% Fruit Juices Assorted Fruit <b>SEPT. 29</b>
<b>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese</b> <b>Overnight Oats</b> <b>Assorted Cereal/Bars, Pop-Tarts, Muffins, &amp; Yogurt</b> 100% Fruit Juices Assorted Fruit <b>OCT. 2</b>	<b>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese</b> <b>Breakfast Tornado</b> <b>Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt</b> 100% Fruit Juices Assorted Fruit <b>OCT. 3</b>	<b>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese</b> <b>Donuts</b> <b>Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt</b> 100% Fruit Juice Assorted Fruit <b>OCT. 4</b>	<b>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese</b> <b>Breakfast Pizza</b> <b>Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt</b> 100% Fruit Juices Assorted Fruit <b>OCT. 5</b>	<b>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese</b> <b>Cinnamon Rolls</b> <b>Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt</b> 100% Fruit Juices Assorted Fruit <b>OCT. 6</b>
<b>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese</b> <b>Mini Pancakes</b> <b>Assorted Cereal/Bars, Pop-Tarts, Muffins, &amp; Yogurt</b> 100% Fruit Juices Assorted Fruit <b>OCT. 9</b>	<b>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese</b> <b>Breakfast Banana Split</b> <b>Assorted Cereal/Bars, Pop-Tarts, Muffins, &amp; Yogurt</b> 100% Fruit Juices Assorted Fruit <b>OCT. 10</b>	<b>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese</b> <b>Donuts</b> <b>Assorted Cereal/Bars, Pop-Tarts, Muffins, &amp; Yogurt</b> 100% Fruit Juices Assorted Fruit <b>OCT. 11</b>	<b>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese</b> <b>Assorted Cereal/Bars, Pop-Tarts, Muffins, &amp; Yogurt</b> 100% Fruit Juices Assorted Fruit <b>OCT. 12</b>	<b>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese</b> <b>Cinnamon Rolls</b> <b>Assorted Cereal/Bars, Pop-Tarts, Muffins, &amp; Yogurt</b> 100% Fruit Juices Assorted Fruit <b>OCT. 13</b>

**BREAKFAST:** A full student breakfast includes a choice of entree supplying grain and/or protein, 1 cup fruit side dish and choice of milk. Milk choices include 1% low-fat, & skim white & chocolate. Questions or concerns please contact Melissa Alley at 616-887-1744 or [melissa.alley@spartaschools.org](mailto:melissa.alley@spartaschools.org)

**MENU IS SUBJECT TO CHANGE.**

**This institution is an equal opportunity provider.**