

# What's on the Menu?

Sparta's Secondary Breakfast Menu August 21<sup>st</sup> – September 15<sup>th</sup>, 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Overnight Oats</b>                      Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt                      100% Fruit Juices                      Assorted Fruit  <b>AUG. 21</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Sausage Biscuits &amp; Gravy</b>                      Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt                      100% Fruit Juices                      Assorted Fruit  <b>AUG. 22</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese                      Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt                      100% Fruit Juices                      Assorted Fruit  <b>AUG. 23</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Donuts</b>                      Assorted Cereal/Bars, Pop-Tarts, Muffins, &amp; Yogurt                      100% Fruit Juices                      Assorted Fruit  <b>AUG. 24</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Cinnamon Rolls</b>                      Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt                      100% Fruit Juices                      Assorted Fruit  <b>AUG. 25</b></p>
<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Breakfast Burrito-Sausage, Egg, &amp; Cheese</b>                      Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt                      100% Fruit Juices                      Assorted Fruit  <b>AUG. 28</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Breakfast Chicken Biscuit w/ Syrup</b>                      Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt                      100% Fruit Juices                      Assorted Fruit  <b>AUG. 29</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Donuts</b>                      Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt                      100% Fruit Juices                      Assorted Fruit  <b>AUG. 30</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Mini Pancake Wraps</b>                      Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt                      100% Fruit Juices                      Assorted Fruit  <b>AUG. 31</b></p>	<p><b>No School</b>                      -----  <b>SEPT. 1</b></p>
<p><b>No School</b>                      -----  <b>SEPT. 4</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Breakfast Tornado</b>                      Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt                      100% Fruit Juices                      Assorted Fruit  <b>SEPT. 5</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Donuts</b>                      Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt                      100% Fruit Juice                      Assorted Fruit  <b>SEPT. 6</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Breakfast Pizza</b>                      Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt                      100% Fruit Juices                      Assorted Fruit  <b>SEPT. 7</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Cinnamon Rolls</b>                      Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt                      100% Fruit Juices                      Assorted Fruit  <b>SEPT. 8</b></p>
<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Mini Pancakes</b>                      Assorted Cereal/Bars, Pop-Tarts, Muffins, &amp; Yogurt                      100% Fruit Juices                      Assorted Fruit  <b>SEPT. 11</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Breakfast Banana Split</b>                      Assorted Cereal/Bars, Pop-Tarts, Muffins, &amp; Yogurt                      100% Fruit Juices                      Assorted Fruit  <b>SEPT. 12</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Donuts</b>                      Assorted Cereal/Bars, Pop-Tarts, Muffins, &amp; Yogurt                      100% Fruit Juices                      Assorted Fruit  <b>SEPT. 13</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Overnight Oats</b>                      Assorted Cereal/Bars, Pop-Tarts, Muffins, &amp; Yogurt                      100% Fruit Juices                      Assorted Fruit  <b>SEPT. 14</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Cinnamon Rolls</b>                      Assorted Cereal/Bars, Pop-Tarts, Muffins, &amp; Yogurt                      100% Fruit Juices                      Assorted Fruit  <b>SEPT. 15</b></p>

**BREAKFAST:** A full student breakfast includes a choice of entree supplying grain and/or protein, 1 cup fruit side dish and choice of milk. Milk choices include 1% low-fat, & skim white & chocolate. Breakfast is FREE for the 2023-24 School Year.

Questions or concerns please contact Melissa Alley at 616-887-1744 or [melissa.alley@spartaschools.org](mailto:melissa.alley@spartaschools.org)

**MENU IS SUBJECT TO CHANGE.**

**This institution is an equal opportunity provider.**