

# May Newsletter

## SPARTA AREA SCHOOLS FOOD SERVICE DEPARTMENT

Food Service has a lot to be thankful for in May. This month we get to celebrate some of our amazing staff members here at Sparta. May 1<sup>st</sup> is School Principal Day. We would like to say a huge thank you to the principals for always including food service. Thank you for working with us so our students receive the best education and nutritious meals to fuel their day. May 8-12<sup>th</sup> Teacher Appreciation week. Food Service would like to say a huge thank you for all of their dedication, hard work and love that they give everyday to our students. May 10<sup>th</sup> is School Nurse Day. It has been such a pleasure to work with our school nurses Amy and Elaine. They are always so helpful navigating students with allergy and medical needs. May 5<sup>th</sup> is my favorite day, School Lunch Hero Day! Throughout the school year, these heroes of the cafeteria are dedicated to making mealtime a bright spot in every student's day, ensuring kids throughout Sparta Area Schools are served nourishing meals. I would like to say a huge thank you to all of the food service staff for going above and beyond every single day. To celebrate #schoolLunchHeroDay, let's give a shout-out to all of our heroes sharing their passion and making cafeterias a happy place for students. To mark School Lunch Hero Day this year, Chartwells is sending every associate a special gift as a tribute to their superhero status and dedication to serving up happy and healthy.



Lunch Hero's!!!



### Events & Fun Days to Look Forward to this Month

- May 1<sup>st</sup> – School Principal Day
- May 5<sup>th</sup> – School Lunch Hero Day & Cinco De Mayo
- May 8-12-Teacher Appreciation
- May 10-School Nurse Day
- May 16<sup>th</sup> – National Barbeque Day
- May 29<sup>th</sup> – Memorial Day
- June 1<sup>st</sup> – World Milk Day
- June 1<sup>st</sup>- National Say something Nice Day

Sparta's Food Service Webpage is a great source to find all the information you may need from menus, how to add money to children's accounts, free and reduced applications, meal charging policy, meal prices, school wellness and so much more.

<https://www.spartaschools.org/departments/menus/>



Melissa Alley  
DIRECTOR OF DINING SERVICES  
616-887-1744  
[Melissa.alley@spartaschools.org](mailto:Melissa.alley@spartaschools.org)

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serving up happy & healthy

## A Reason to Celebrate!

### May 1<sup>st</sup> – School Principal Day

Janet Dellaria, a teacher from Michigan, backed by many teachers associations, decided to dedicate a day to celebrate these educational leaders of schools and spread awareness of the importance of their role.

### May 5<sup>th</sup> – School Lunch Hero Day

School Lunch Hero Day was created by a partnership between the School Nutrition Association, and children's author Jarrett Krosoczka—the author of a number of picture books including the "Lunch Lady" series. The first day this holiday was celebrated was on May 4, 2012, and it's a day that's been celebrated on the first Friday in May every year since.

### May 5<sup>th</sup> – Cinco De Mayo

Cinco de Mayo, or the fifth of May, is a holiday that celebrates the date of the Mexican army's May 5, 1862 victory over France at the Battle of Puebla during the Franco-Mexican War.

### May 16<sup>th</sup> – National Barbeque Day

The origins of barbecue seem to lay with the indigenous Haitians encountered by the Spanish when Columbus first arrived.

### May 29<sup>th</sup> – Memorial Day

Memorial Day is an American holiday, observed on the last Monday of May, honoring the men and women who died while serving in the U.S. military

### June 1<sup>st</sup> – World Milk Day

World Milk Day was first designated by the FAO in 2001. June 1 was chosen as the date because many countries were already celebrating a milk day during that time of year. The Day provides an opportunity to focus attention on milk and raise awareness of dairy's part in healthy diets, responsible food production, and supporting livelihoods and communities.

Summer fun brings the excitement of outdoor picnics and cook outs inside to the cafeteria!

Students will enjoy summer themed recipes and toppings to pull in a variety of flavors that enhance everyday ordinary meals. A variety of Summer Fun recipes ranging from delicious picnic style sides to grill themed items featuring a variety of toppings top off the flavors of Summer! Summer Fun recipes are designed to extend outside of the cafeteria and provide students with fun recipes that they can make themselves and enjoy with friends and family at cookouts, picnics and any other celebration.



### Memorial Day:

It is traditional to fly the flag of the United States at half staff from dawn until noon. Many people visit cemeteries and memorials, particularly to honor those who have died in military service. Many volunteers place an American flag on each grave in national cemeteries. Many people choose to hold picnics, sports events and family gatherings on this weekend. This day is traditionally seen as the start of the summer season for cultural events.

Jill Johnson



Jill works in Applevue Kitchen. She is always willing to come in early and help with breakfast whenever necessary. Jill is a team player and really enjoys serving our students. She has built a great relationship with our students and is committed to providing great meals that they will enjoy. Thank you for being a team player. We are so grateful to have you on our team!

Shannon Cone



This is Shannon's first year working in Applevue Kitchen. Her commitment and dedication doesn't go unnoticed. Shannon has perfect attendance. She is always on time and is willing to come in early whenever necessary. She is a great asset to our team and we are lucky to have her!

