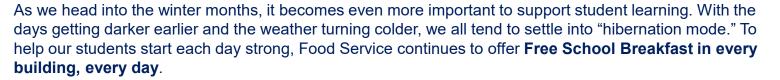
Sparta Area Schools Food Services Newsletter

December 2025



In addition to daily breakfast, we'll be introducing more warm, comforting lunch options—such as soups, chilis, casseroles, and more—to keep our students fueled through the colder months. Please keep an eye out for new recipes and menu items as we transition into winter. Our team will also be sharing samples of upcoming menu options with students to gather their feedback and ensure we're serving meals they truly enjoy.

If any parents or community members are interested in joining our **School Wellness Committee**, please check out the https://drive.google.com/file/d/1iPKW9IQuPJMh6pGpn_yhYEWH62cvACdZ/view?usp=sharing and reach out to Melissa Alley at melissa.alley@spartaschools.org for more information.

School Breakfast is available Daily for FREE in every building!



Sparta High School-Breakfast in the Café 7:20-

7:50 am Daily

Sparta Middle School-

Breakfast in the Café 7:25-7:35 am Daily

Appleview Elementary-

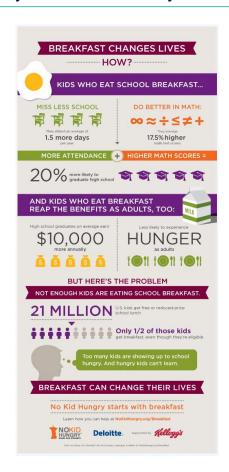
Breakfast in the Classroom 8:25-8:55 am Daily

Ridgeview Elementary-

Breakfast in the Classroom 8:40-9:10 am Daily

ECC-

Breakfast in the Classroom 8:30-9:30 am Daily



Dates to Remember:

December 1st

- National Eat A Red Apple Day
- National Christmas Light Day
 - •December 4th
 - National Cookie Day
 - December 5th
 - National Comfort Food Day
 - December 9th
 - National Pastry Day
 - December 12th
 - Gingerbread House Day
 - December 17th
 - National Maple Syrup Day
 - •December 18th
 - National Twin Day
 - December 18th
 - •6th-12th Grade Half Day of School
 - December 19th
 - Half Day All Students
 - •December 22-January 2nd •Holiday Break



DIRECTOR OF DINING SERVICES:

Melissa Alley 616-887-1744

Melissa.alley@spartaschools.org



Discovery Kitchen:

December is Spice It Up month in the cafes! It is a celebration of international recipes that are proven to raise the bar of the spice rack empowering students to join in cooking with carious spices that are sure to spice up any meal with their family and friends. So lets add a little spice to your day!



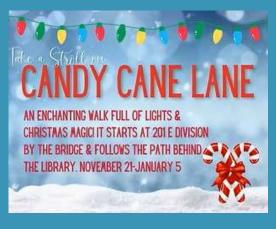


December is National Pear Month!

Pears have been around for over 4000 years coming from the Caucasus and spread over from Asia and Europe to North America. USA Pears chose the month because of the fact that most pears, specifically the 10 types of Northwest pears, get harvested during the month of December. Pears also have high nutritional value, having more fiber than bananas, oranges, and strawberries. This fruit is also hypoallergenic, safe for people with allergies to eat, and has pectin which helps control high cholesterol.



Fun things to do this winter!







Santa's Mailbox will be at the Sparta Chamber (194 E Division St). Drop off your letter to Santa, and if you leave a return address, you'll receive a reply!

















Our High School Kitchen Food Service Lead, Laurie, continues to shine as an exceptional leader, bringing creativity, dedication, and positivity to our kitchen every single day.

She is always exploring new menu ideas and finding fun, innovative ways to make meals exciting and enjoyable for our students. Her reliability and strong work ethic show in the way she arrives each day ready to give her best, and the delicious meals she prepares reflect the pride she takes in her work. Laurie's positive attitude lifts everyone around her, and her passion for serving our students makes a meaningful difference in our entire school community. We are incredibly fortunate to have her on our team!