

What's on the Menu?

Sparta Middle School Lunch Menu October 17-21, 2022








MENU IS SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	Pasta Bar- Chicken Alfredo Pasta or Spaghetti w/ Meatballs Breadstick Seasoned Green Beans National Pasta Day	2 Waffles Scrambled Eggs w/ Cheese Tater Tots	Baked Potato Bar Potato, Bacon, Ham, Cheese 2 Pieces of Cornbread Broccoli w/ Cheese Sauce	Chicken Nuggets w/ Macaroni & Cheese Mashed Potatoes w/ Gravy	Boneless Wings/Breadstick Sauce- Buffalo, Sweet Chili, Mild, BBQ, Plain Curly Fries BBQ Baked Beans National Carmel Apple Day
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	Classic Pepperoni Pizza Classic Cheese Pizza	Classic Pepperoni Pizza Classic Cheese Pizza	Italian Sausage Pizza Classic Cheese Pizza	Meat Lover's Flatbread Pizza Classic Cheese Pizza	Supreme Pizza Bosco Breadsticks w/ Marinara Sauce
	Breaded Mozzarella Sticks w/ Marinara Sauce Breaded Chicken Sandwich Bacon Cheeseburger Spicy Breaded Chicken Sandwich Seasoned Green Beans	Meatball Sub Breaded Chicken Sandwich Bacon Cheeseburger Spicy Breaded Chicken Sandwich Tater Tots	Corn Dog Breaded Chicken Sandwich Cheeseburger Spicy Breaded Chicken Sandwich Broccoli w/ Cheese Sauce	Beef Teriyaki Dippers(4) w/ Side of Mac n Cheese Breaded Chicken Sandwich Bacon Cheeseburger Spicy Breaded Chicken Sandwich Mashed Potatoes w/ Gravy	Cheese Pizza Crunchers(4) Breaded Chicken Sandwich Cheeseburger Spicy Breaded Chicken Sandwich Curly Fries BBQ Baked Beans
	PREMADE TURKEY & HAM SUBS DAILY				
PB&J UNCRUSTABLES					
	Grilled Chicken Caesar Salad W/ 2 Dinner Rolls Ham & Cheese Wrap	Chicken BLT Salad w/ 2 Dinner Rolls Fruit Yogurt Parfait with Granola	Ham & Cheese Chef Salad w/ 2 Dinner Rolls Turkey Ranch Wrap	Buffalo Popcorn Chicken Salad w/ Dinner Roll Fruit Yogurt Parfait w/ Granola	Turkey Chef Salad w/ Dinner Rolls Buffalo Ranch Chicken Wrap
	Cauliflower Bites Cucumbers Assorted Vegetables 100% Fruit Juice Assorted Fruit Chilled Assorted Fruit	Broccoli Florets Romaine Blend Side Salad 100% Fruit Juice Fresh Apple Slices Red Seedless Grapes	Cherry Tomato's Celery Sticks 100% Fruit Juice Banana Assorted Fruit	Fresh Pepper Sticks Romaine Blend Side Salad 100% Fruit Juice Orange Wedges Applesauce	Fresh Broccoli Florets Assorted Vegetables 100% Fruit Juice Sidekick Slushies Assorted Fresh Fruit

What's on the Menu?

Sparta Middle School Lunch Menu October 24-28, 2022








MENU IS SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	BBQ Pork Riblet or Shredded Sandwich BBQ Baked Beans	Jumbo Cheese Ravioli w/ Garlic Bread Seasoned Green Beans	Chicken Tenders – Plain or Spicy w/ Mac n Cheese Mashed Potatoes w/ Gravy	Hot dog Bar-2 Hot Dogs w/ Chili, Cheese, pick your toppings Oven Baked Fries National Potato Day	Chicken & Vegetable Dumplings Chow Mein Noodles Seasoned Peas & Carrots
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	Meat lovers Stromboli Classic Cheese Pizza	Classic Pepperoni Pizza Classic Cheese Pizza	Enriched Italian Sausage Pizza Classic Cheese Pizza	Classic Pepperoni Pizza Bosco Breadsticks w/ Marinara Sauce	Classic Pepperoni Pizza Classic Cheese Pizza
	Breaded Chicken Waffle Sandwich Breaded Chicken Sandwich Bacon Cheeseburger Spicy Breaded Chicken Sandwich BBQ Baked Beans	Pizza Sub Breaded Chicken Sandwich Cheeseburger Spicy Breaded Chicken Sandwich Seasoned Green Beans	Philly Cheese Steak Breaded Chicken Sandwich Bacon Cheeseburger Spicy Breaded Chicken Sandwich Mashed Potatoes w/ Gravy	Chicken Quesadilla Breaded Chicken Sandwich Cheeseburger Spicy Breaded Chicken Sandwich Oven Baked Fries	Beef Patty Melt Breaded Chicken Sandwich Bacon Cheeseburger Spicy Breaded Chicken Sandwich Seasoned Peas & Carrots
	PREMADE HAM & TURKEY SUBS DAILY				
PB&J UNCRUSTABLES AVAILABLE DAILY					
	Ham & Cheese Chef Salad w/ 2 Dinner Rolls Berry Parfait w/ Granola	Turkey Chef Salad w/ 2 Dinner Rolls Chicken Ranch Wrap	Buffalo Popcorn Chicken Salad w/ 2 Dinner Rolls Berry Parfait w/ Granola	Chicken BLT Salad w/ 2 Dinner Rolls Ham & Cheese Wrap	Popcorn Chicken Salad W/ 2 Dinner Rolls Hummus W/ Pita Chips
	Cherry Tomatoes Cucumber Coins 100% Fruit Juice Assorted Fruit Fresh Pear	Baby Carrots Romaine Blend Side Salad 100% Fruit Juice Fresh Apple Slices Seedless Grapes	Celery Sticks Mixed Peppers 100% Fruit Juice Banana Assorted Fruit	Assorted Veggies Romaine Blend Side Salad 100% Fruit Juice Orange Wedges Applesauce	Broccoli Florets Sugar Snap Peas Sidekick Slushie Assorted Fresh Fruit Assorted Chilled Fruit

What's on the Menu?

Sparta Middle School Lunch Menu October 31-November 4, 2022








MENU IS SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	Buffalo Chicken Dip w/ Tortilla Chips Seasoned Corn Happy Halloween	Breakfast For Lunch Pancakes Scrambled Eggs w/ Cheese Tater Tots	Sweet & Sour or Thai Sweet Chili Popcorn Chicken Fried Rice Seasoned Peas & Carrots	Grilled Cheese Sandwich w/ Tomato Soup National/World Sandwich Day	Wing on the Weekend!!! Boneless & Bone in Wings/Mac n Cheese Sauce- Buffalo, Sweet Chili, Mild, BBQ, Plain Curly Fries BBQ Baked Beans
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	Classic Pepperoni Pizza Classic Cheese Pizza	Classic Pepperoni Pizza Classic Cheese Pizza	Enriched Meat Lover's Pizza Classic Cheese Pizza	Classic Pepperoni Pizza Classic Cheese Pizza	Italian Sausage Pizza Bosco Breadsticks w/ Marinara Sauce
	Beef Taco Stick Breaded Chicken Sandwich Bacon Cheeseburger Spicy Breaded Chicken Sandwich Seasoned Corn	Breaded Mozzarella Sticks w/ Marinara Breaded Chicken Sandwich Bacon Cheeseburger Spicy Breaded Chicken Sandwich Tater Tots	Mini Corn Dogs Breaded Chicken Sandwich Cheeseburger Spicy Breaded Chicken Sandwich Seasoned Peas & Carrots	Toasted Ham & Cheese on a pretzel Bun Breaded Chicken Sandwich Bacon Cheeseburger Spicy Breaded Chicken Sandwich Seasoned Green Beans or Tomato Soup	BBQ Riblet Sandwich Breaded Chicken Sandwich Cheeseburger Spicy Breaded Chicken Sandwich Curly Fries BBQ Baked Beans
	PREMADE TURKEY & HAM SUBS DAILY				
PB & J UNCRUSTABLES AVAILABLE DAILY					
	Chicken BLT Salad W/ Dinner Rolls Buffalo Ranch Chicken Wrap	Grilled Chicken Caesar Salad w/ 2 Dinner Rolls Strawberry Parfait with Granola	Ham & Cheese Chef Salad w/ 2 Dinner Rolls Turkey Ranch Wrap	Popcorn Chicken Salad w/ 2 Dinner Rolls Strawberry Parfait with Granola	Turkey Chef Salad w/ 2 Dinner Rolls Chicken Caesar Wrap
	Cauliflower Florets Tossed Side Salad 100% Fruit Juice Assorted Fruit Assorted Chilled Fruit	Baby Carrots Romaine Blend Side Salad 100% Fruit Juice Fresh Apple Slices Red Seedless Grapes	Celery Sticks Mixed Peppers 100% Fruit Juice Banana Assorted Fruit	Assorted Veggies Romaine Blend Side Salad 100% Fruit Juice Orange Wedges Applesauce	Broccoli Florets Assorted Fresh Veggies Fresh Apple Side Kick Slushies

What's on the Menu?

Sparta Middle School Lunch Menu November 7-11, 2022

MENU IS SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	Breaded Chicken Drumstick Breadstick & Apple Crisp Mashed Potatoes w/ Gravy	Baked Potato Bar Potato, Bacon, Ham, Cheese Cheese Filled Pretzels Broccoli w/ Cheese Sauce	Macaroni and Cheese Tex Mex or Plain Garlic Bread Seasoned Green Beans	Cinnamon French Toast Scrambled Eggs w/ Cheese Tater Tots	Beef & Bean Chili w/ Fritos Curly Fries BBQ Baked Beans
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	Supreme Pizza Classic Cheese Pizza	Sausage Pizza Classic Cheese Pizza	Italian Stromboli Classic Cheese Pizza	Classic Pepperoni Pizza Classic Cheese Pizza	Enriched Meat Lover's Pizza Bosco Breadsticks w/ Marinara Sauce
	BBQ Pulled Pork Sandwich Breaded Chicken Sandwich Cheeseburger Spicy Breaded Chicken Sandwich Mashed Potatoes w/ Gravy	Chicken Tenders w/ Dinner Roll Breaded Chicken Sandwich Bacon Cheeseburger Spicy Breaded Chicken Sandwich Broccoli w/ Cheese Sauce	Mini Corn Dogs Breaded Chicken Club Sandwich Cheeseburger Spicy Breaded Chicken Sandwich Seasoned Green Beans	Chicken & Cheese Crisпитos Breaded Chicken Sandwich Bacon Cheeseburger Spicy Breaded Chicken Sandwich Tater Tots	Breaded Fish Sticks w/ Side of Mac n Cheese Breaded Chicken Sandwich Cheeseburger Spicy Breaded Chicken Sandwich Curly Fries BBQ Baked Beans
	PREMADE TURKEY & HAM SUBS DAILY				
	Grilled Chicken Caesar Salad w/ 2 Dinner Rolls Turkey Ranch Wrap	Turkey Chef Salad w/ 2 Dinner Rolls Breaded Chicken Wrap	Popcorn Chicken Salad w/ 2 Dinner Rolls Berry Parfait w/ Granola	Ham & Cheese Chef Salad w/ 2 Dinner Rolls Chicken Caesar Wrap	Chicken BLT Salad w/ 2 Dinner Rolls Berry Parfait w/ Granola
	Cherry Tomatoes Cucumber Coins 100% Fruit Juice Assorted Fruit Fresh Pear	Baby Carrots Romaine Blend Side Salad 100% Fruit Juice Fresh Apple Slices Red Seedless Grapes	Celery Sticks Mixed Peppers 100% Fruit Juice Banana Assorted Fruit	Assorted Veggies Romaine Blend Side Salad 100% Fruit Juice Orange Wedges Applesauce	Broccoli Florets Assorted Fresh Veggies Fresh Apple Side Kick Slushies