

# What's on the Menu?

Sparta Middle School Lunch Menu November 13<sup>th</sup> – 17<sup>th</sup>, 2023

All meals come with choice of low-fat 1% White or Chocolate Milk

MENU IS SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Pasta Bar:</b> Chicken Alfredo Pasta or Spaghetti w/ Meat Sauce Garlic Bread Seasoned Green Beans <b>World Kindness Day</b>	<b>Hot Dog Bar</b> – 2 Hot Dog W/ Chili, Cheese, Pick your toppings  <b>Curly Fries</b> <b>Baked Beans</b> <b>National Pickle Day</b>	Chicken & Vegetable Dumplings Fried Rice  <b>Seasoned Mixed Veggies</b>	Biscuits W/ Sausage Gravy Scrambled Eggs W/ Cheese  <b>Shredded Hash Browns</b>	Chicken Fajita Bowl w/ Black Beans & Brown Rice  <b>Seasoned Mexican Corn</b>
	<b>DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, &amp; cheese</b>				
	Bosco Breadsticks w/ Marinara Sauce Personal Pepperoni Pizza	<b>Enriched</b> Pepperoni Pizza Classic Cheese Pizza	Italian Sausage Pizza Classic Cheese Pizza	Meat Lover's Flatbread Pizza Classic Cheese Pizza	Supreme Pizza Bosco Breadsticks w/ Marinara Sauce
	Beef Teriyaki Dippers w/ Mac n Cheese Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Cheeseburger Seasoned Green Beans	BBQ Riblet Sandwich Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Cheeseburger Curly Fries Baked Beans	Warm Pretzel Rods (4) W/ Jalapeno Cheese Dip Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Cheeseburger Seasoned Mixed Veggies	Combo-Breaded Mozzarella Sticks w/ Chicken Nuggets Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Cheeseburger Shredded Hash Browns	Cheese Pizza Crunchers(4) Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Cheeseburger Seasoned Mexican Corn
	<b>Build Your Own Deli Sandwich</b> Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, & Wraps, Vegetable Toppings, & Condiments				
<b>AVAILABLE DAILY: PB&amp;J Uncrustables &amp; Fruit Yogurt Parfaits</b>					
	Turkey Chef Salad W/ 2 Dinner Rolls Italian Chicken Pasta Salad	Chicken BLT Salad w/ 2 Dinner Rolls Chicken Caesar Wrap	Ham & Cheese Chef Salad w/ 2 Dinner Rolls Turkey Ranch Wrap	Buffalo Popcorn Chicken Salad w/ Dinner Roll Ham, Salami, & Cheese Italian Wrap	Turkey Chef Salad w/ Dinner Rolls Buffalo Ranch Chicken Wrap
	Cherry Tomatoes Cucumber Coins 100% Fruit Juice Assorted Fruit Fresh Pear	Broccoli Florets Romaine Blend Side Salad 100% Fruit Juice Fresh Apple Slices Red Seedless Grapes	Cherry Tomato's Celery Sticks 100% Fruit Juice Banana Assorted Fruit	Fresh Pepper Sticks Romaine Blend Side Salad 100% Fruit Juice Orange Wedges Applesauce	Fresh Broccoli Florets Assorted Vegetables 100% Fruit Juice Sidekick Slushies Assorted Fresh Fruit

# What's on the Menu?

Sparta Middle School Lunch Menu November 20<sup>th</sup> – 24<sup>th</sup>, 2023

All meals come with choice of low-fat 1% White or Chocolate Milk

MENU IS SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	Popcorn Chicken – Plain or Spicy Side of Mac n Cheese  Mashed Potatoes w/ Gravy	<b>Breakfast for Lunch:</b> Pancakes W/ Scrambled Eggs W/ Cheese Tater Tots	No School Thanksgiving Break	No School Thanksgiving Break	No School Thanksgiving Break
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	Meat lovers Stromboli  Classic Cheese Pizza	Classic Pepperoni Pizza  Classic Cheese Pizza	No School Thanksgiving Break	No School Thanksgiving Break	No School Thanksgiving Break
	Beef Philly Cheesesteak Sandwich Breaded Chicken Sandwich Cheeseburger Spicy Breaded Chicken Sandwich Mashed Potatoes w/ Gravy	Beef Brisket w/ Cheese Sauce Tostada Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Tater Tots	No School Thanksgiving Break	No School Thanksgiving Break	No School Thanksgiving Break
	Build Your Own Deli Sandwich Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, & Wraps, Vegetable Toppings, & Condiments				
AVAILABLE DAILY : PB&J Uncrustables & Fruit Yogurt Parfaits					
	Chicken BLT Salad w/ 2 Dinner Rolls  Ham, Salami, & Cheese Wrap	Buffalo Chicken Salad w/ 1 Dinner Rolls  Turkey Ranch Wrap	No School Thanksgiving Break	No School Thanksgiving Break	No School Thanksgiving Break
	Cherry Tomatoes Cucumber Coins 100% Fruit Juice Assorted Fruit Fresh Pear	Baby Carrots Romaine Blend Side Salad 100% Fruit Juice Fresh Apple Slices Seedless Grapes	No School Thanksgiving Break	No School Thanksgiving Break	No School Thanksgiving Break

# What's on the Menu?

Sparta Middle School Lunch Menu November 27<sup>th</sup> – December 1<sup>st</sup>, 2023

All meals come with choice of low-fat 1% White or Chocolate Milk

MENU IS SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	Breaded Chicken Drumstick Corn Bread Poppers  Mashed Potatoes w/ Gravy	Cinnamon French Toast Scrambled Eggs w/ Cheese Tater Tots National French Toast Day	Global Eats Tortellini w/ Italian Meat Sauce Garlic Bread Seasoned Green Beans	Chicken Nuggets w/ side of Mac n Cheese  Seasoned Corn	<b>Burger Bar You Pick:</b> Cheese, Bacon, Chili, Assorted Veggies  Oven Baked Fries Baked Beans
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	Classic Pepperoni Pizza Bosco Breadsticks w/ Marinara Sauce	Enriched Pepperoni Pizza Classic Cheese Pizza	Personal Meat Lover's Pizza Bosco Breadsticks w/ Marinara Sauce	Classic Pepperoni Pizza Cheese Stromboli	Italian Sausage Pizza Classic Cheese Pizza
	Breaded Mozzarella Sticks w/ Marinara Sauce Breaded Chicken Waffle Sandwich Cheeseburger Spicy Breaded Chicken Sandwich Mashed Potatoes w/ Gravy	Mini Corn Dogs Breaded Chicken Sandwich Cheeseburger Spicy Breaded Chicken Sandwich Tater Tots	Warm Pretzel Bites W/ Jalapeno Cheese Sauce Breaded Chicken Sandwich Cheeseburger Spicy Breaded Chicken Sandwich Seasoned Green Beans	Pepperoni Pizza Sub Breaded Chicken Sandwich Cheeseburger Spicy Breaded Chicken Sandwich Seasoned Corn	Buffalo Chicken Quesadilla Breaded Chicken Sandwich Cheeseburger Spicy Breaded Chicken Sandwich Oven Baked Fries BBQ Baked Beans
	Build Your Own Deli Sandwich Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, & Wraps, Vegetable Toppings, & Condiments				
AVAILABLE DAILY: PB&J Uncrustables & Fruit Yogurt Parfaits					
	Chicken BLT W/ Dinner Rolls Chicken Caesar Pasta Salad W/ Breadstick	Popcorn Chicken Salad w/ 1 Dinner Roll Turkey & Cheese Pinwheels	Ham & Cheese Chef Salad w/ 2 Dinner Rolls Turkey Ranch Wrap	Grilled Chicken Caesar Salad w/ 2 Dinner Rolls Ham & Cheese Wrap	Turkey Chef Salad w/ 2 Dinner Rolls Buffalo Ranch Chicken Wrap
	Cauliflower Florets Tossed Side Salad 100% Fruit Juice Assorted Fruit Assorted Chilled Fruit	Baby Carrots Romaine Blend Side Salad 100% Fruit Juice Fresh Apple Slices Red Seedless Grapes	Celery Sticks Mixed Peppers 100% Fruit Juice Banana Assorted Fruit	Assorted Veggies Romaine Blend Side Salad 100% Fruit Juice Orange Wedges Applesauce	Broccoli Florets Assorted Fresh Veggies Fresh Apple Side Kick Slushies

# What's on the Menu?

Sparta Middle School Lunch Menu December 4<sup>th</sup> – 8<sup>th</sup>, 2023

All meals come with choice of low-fat 1% White or Chocolate Milk

MENU IS SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	Chicken Tenders W/ Waffles  <b>Tater Tots</b> <b>National Cookie Day</b>	<b>Baked Potato Bar-</b> Potato, Bacon, Ham, Cheese, Veggies Bosco Breadsticks <b>Broccoli w/ Cheese</b> <b>Sauce</b>	Sweet N Sour or Thai Sweet Chili Popcorn Chicken W/ Fried Rice  <b>Seasoned Peas &amp;</b> <b>Carrots</b>	<b>Soup &amp; Sandwich</b> -Pick 1 Chicken Noodle Soup or Broccoli Cheese Soup Toasted Ham & Cheese Sandwich on Pretzel Bun  <b>Seasoned Green</b> <b>Beans</b>	Popcorn Shrimp or Popcorn Chicken Corn Bread Poppers <b>Mashed Potatoes w/</b> <b>Gravy</b> <b>BBQ Baked Beans</b>
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	Supreme Pizza  Classic Cheese Pizza	Personal Pepperoni Pizza  Classic Cheese Pizza	Italian Stromboli  Classic Cheese Pizza	Classic Pepperoni Pizza  Classic Cheese Pizza	<b>Enriched</b> Meat Lover's Pizza  Bosco Breadsticks w/ Marinara Sauce
	Cheeseburger Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich <b>Tater Tots</b>	Beef Teriyaki Dippers w/ side of Mac n Cheese Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich <b>Broccoli w/ Cheese</b> <b>Sauce</b>	BBQ Shredded Pork, Cheese, Roasted Peppers on a Ciabatta Bun Breaded Chicken Sandwich Cheeseburger Spicy Breaded Chicken Sandwich <b>Seasoned Peas &amp;</b> <b>Carrots</b>	<b>Salami, Ham, &amp;</b> <b>Cheese Pesto</b> <b>Flatbread Sandwich</b> Breaded Chicken Sandwich Cheeseburger Spicy Breaded Chicken Sandwich <b>Seasoned Green</b> <b>Beans</b>	Cheese Pizza Crunchers Breaded Chicken Sandwich Cheeseburger Spicy Breaded Chicken Sandwich <b>Mashed Potatoes w/</b> <b>Gary</b> <b>BBQ Baked Beans</b>
	<p align="center"><b>Build Your Own Deli Sandwich</b></p> <p align="center">Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, &amp; Wraps, Vegetable Toppings, &amp; Condiments</p>				
<b>AVAILABLE DAILY: PB&amp;J Uncrustables &amp; Fruit Yogurt Parfaits</b>					
	Grilled Chicken Caesar Salad w/ 2 Dinner Rolls  5 Layered Taco Dip w/ Tortilla Chips	Turkey Chef Salad w/ 2 Dinner Rolls  Breaded Chicken Wrap	Popcorn Chicken Salad w/ 2 Dinner Rolls  Turkey Ranch Wrap	Ham & Cheese Chef Salad w/ 2 Dinner Rolls  Buffalo Chicken Caesar Wrap	Chicken BLT Salad w/ 2 Dinner Rolls  Fruit Pizza w/ Trix Yogurt
	Cherry Tomatoes Cucumber Coins 100% Fruit Juice Assorted Fruit Fresh Pear	Baby Carrots Romaine Blend Side Salad 100% Fruit Juice Fresh Apple Slices Red Seedless Grapes	Celery Sticks Mixed Peppers 100% Fruit Juice Assorted Fruit	Assorted Veggies Romaine Blend Side Salad 100% Fruit Juice Orange Wedges Applesauce	Broccoli Florets Assorted Fresh Veggies Fresh Apple Side Kick Slushies