

What's on the Menu?

Sparta Middle School Lunch Menu March 6th – 10th, 2023

MENU IS SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
<div>create</div>	Breakfast for lunch: Belgium Waffle w/ Scrambled eggs w/ Cheese Tater Tots	Chicken Fajita Bowl w/ Black Beans & Brown Rice Sauteed Peppers & Onions Oven Baked Fries	Chicken & Vegetable Dumplings Fried Rice Seasoned Peas & Carrots	Enriched Spaghetti w/ Meatballs or Meat Sauce Breadstick Seasoned Green Beans National Meatball Day	Hot Dog Bar - 1 hot dog w/ chili, cheese, pick your toppings Curly Fries BBQ Baked Beans
<div>SONO CELEBRATE LATIN</div>	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
<div>2mato</div>	Bosco Breadsticks w/ Marinara Sauce Personal Pepperoni Pizza	Enriched Pepperoni Pizza Classic Cheese Pizza	Italian Sausage Pizza Classic Cheese Pizza	Meat Lover's Flatbread Pizza Classic Cheese Pizza	Supreme Pizza Bosco Breadsticks w/ Marinara Sauce
<div>grilled EXPRESS</div>	Beef Teriyaki Dippers w/ Mac n Cheese Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Tater Tots	BBQ Riblet Sandwich Breaded Chicken Sandwich Bacon Cheeseburger Spicy Breaded Chicken Sandwich Oven Baked Fries	Mini Corn Dogs Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Warm Pretzel Rods(4) w/ Jalapeno Cheese Dip Seasoned Peas & Carrots	Combo-Breaded Mozzarella Sticks w/ Chicken Nuggets Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Seasoned Green Beans	Cheese Pizza Crunchers(4) Breaded Chicken Sandwich Cheeseburger Spicy Breaded Chicken Sandwich Curly Fries BBQ Baked Beans
<div>SO DELI</div>	PREMADE TURKEY & HAM SUBS DAILY				
AVAILABLE DAILY: PB&J Uncrustables & Fruit Yogurt Parfaits					
<div>ON THE GO</div>	Turkey Chef Salad W/ 2 Dinner Rolls Italian Chicken Pasta Salad	Chicken BLT Salad w/ 2 Dinner Rolls Fruit Yogurt Parfait with Granola	Ham & Cheese Chef Salad w/ 2 Dinner Rolls Turkey Ranch Wrap	Buffalo Popcorn Chicken Salad w/ Dinner Roll Ham, Salami, & Cheese Italian Wrap	Turkey Chef Salad w/ Dinner Rolls Buffalo Ranch Chicken Wrap
<div>extra extra</div>	Cherry Tomatoes Cucumber Coins 100% Fruit Juice Assorted Fruit Fresh Pear	Broccoli Florets Romaine Blend Side Salad 100% Fruit Juice Fresh Apple Slices Red Seedless Grapes	Cherry Tomato's Celery Sticks 100% Fruit Juice Banana Assorted Fruit	Fresh Pepper Sticks Romaine Blend Side Salad 100% Fruit Juice Orange Wedges Applesauce	Fresh Broccoli Florets Assorted Vegetables 100% Fruit Juice Sidekick Slushies Assorted Fresh Fruit

What's on the Menu?

Sparta Middle School Lunch Menu March 13th – 17th, 2023

MENU IS SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
<div>create</div>	Mac n Cheese-Plain or Tex-Mex Warm Pretzel Seasoned Green Beans BBQ Baked Beans	Popcorn Chicken-Plain or Spicy Breadstick Mashed Potatoes w/ Gravy PI Day	Potato Pierogi w/ Homemade Cheese Sauce Waffle Fries	Pancakes w/ Scrambled Eggs w/ Cheese Tater Tots	Enriched Chicken Alfredo Pasta w/ Garlic Breadstick Seasoned Broccoli w/ Cheese Sauce St. Patrick's Day
<div>sono CELEBRATE LATIN</div>	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
<div>2nd street pizzeria</div>	Meat lovers Stromboli	Classic Pepperoni Pizza	Enriched Italian Sausage Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza
	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Bosco Breadsticks w/ Marinara Sauce	Classic Cheese Pizza
<div>grilled EXPRESS</div>	Beef Philly Cheesesteak Sandwich Breaded Chicken Sandwich Bacon Cheeseburger Spicy Breaded Chicken Sandwich Seasoned Green Beans BBQ Baked Beans	Pizza Sub Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Mashed Potatoes w/ Gravy	Pull Apart Southwest Queso Breadstick Breaded Chicken Sandwich Cheeseburger Spicy Breaded Chicken Sandwich Waffle Fries	Corndog Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Tater Tots	Breaded Fish Sandwich Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Seasoned Broccoli w/ Cheese Sauce
<div>SO DELI</div>	PREMADE HAM & TURKEY SUBS DAILY				
AVAILABLE DAILY : PB&J Uncrustables & Fruit Yogurt Parfaits					
<div>ON THE GO</div>	Ham & Cheese Chef Salad w/ 2 Dinner Rolls	Turkey Chef Salad w/ 2 Dinner Rolls	Buffalo Popcorn Chicken Salad w/ 2 Dinner Rolls	Chicken BLT Salad w/ 2 Dinner Rolls	Popcorn Chicken Salad W/ 2 Dinner Rolls
	Berry Parfait w/ Granola	Chicken Ranch Wrap	Berry Parfait w/ Granola	Ham & Salami Pasta Salad w/ Breadstick	Hummus W/ Pita Chips
<div>extra extra</div>	Cherry Tomatoes Cucumber Coins 100% Fruit Juice Assorted Fruit Fresh Pear	Baby Carrots Romaine Blend Side Salad 100% Fruit Juice Fresh Apple Slices Seedless Grapes	Celery Sticks Mixed Peppers 100% Fruit Juice Banana Assorted Fruit	Assorted Veggies Romaine Blend Side Salad 100% Fruit Juice Orange Wedges Applesauce	Broccoli Florets Sugar Snap Peas Sidekick Slushie Assorted Fresh Fruit Assorted Chilled Fruit

What's on the Menu?

Sparta Middle School Lunch Menu March 20th – 24th, 2023








MENU IS SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
<div>create</div>	Jumbo Cheese Ravioli w/ Garlic Bread Seasoned Green Beans National Ravioli Day	Cinnamon French Toast Scrambled Eggs w/ Cheese Tater Tots National Crunchy Taco Day	Sweet & Sour or Thai Sweet Chili Popcorn Chicken Fried Rice Seasoned Peas & Carrots World Water Day	Pick 1-Beef & Bean Chili or White Chicken Chili w/ Fritos Curly Fries National Chip N Dip Day	Chicken Nuggets w/ side of Mac n Cheese Smile Fries Baked Beans
<div>sono</div>	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
<div>2mato</div>	Classic Pepperoni Pizza Bosco Breadsticks w/ Marinara Sauce	Enriched Pepperoni Pizza Classic Cheese Pizza	Personal Meat Lover's Pizza Bosco Breadsticks w/ Marinara Sauce	Classic Pepperoni Pizza Cheese Stromboli	Italian Sausage Pizza Classic Cheese Pizza
<div>grilled EXPRESS</div>	Breaded Mozzarella Sticks w/ Marinara Sauce Breaded Chicken Waffle Sandwich Spicy Breaded Chicken Sandwich Tater Tots	2 Chicken & Cheese Crispito's Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Seasoned Corn	Warm Pretzel Bites(4) W/ Jalapeno Cheese Dip Breaded Chicken Sandwich Bacon Cheeseburger Spicy Breaded Chicken Sandwich Seasoned Peas & Carrots	Toasted Ham, Salami, Pepperoni, & Cheese Italian Sub Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Curly Fries	BBQ Riblet Sandwich Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Breaded Fish Sticks w/ Side of Mac n Cheese Smile Fries
<div>SO DELI</div>	PREMADE TURKEY & HAM SUBS DAILY				
AVAILABLE DAILY: PB&J Uncrustables & Fruit Yogurt Parfaits					
<div>ON THE GO</div>	Chicken BLT Salad W/ Dinner Rolls Buffalo Ranch Chicken Wrap	Grilled Chicken Caesar Salad w/ 2 Dinner Rolls Strawberry Parfait with Granola	Ham & Cheese Chef Salad w/ 2 Dinner Rolls Turkey Ranch Wrap	Popcorn Chicken Salad w/ 2 Dinner Rolls Strawberry Parfait with Granola	Turkey Chef Salad w/ 2 Dinner Rolls Hummus Combo
<div>extra extra</div>	Cauliflower Florets Tossed Side Salad 100% Fruit Juice Assorted Fruit Assorted Chilled Fruit	Baby Carrots Romaine Blend Side Salad 100% Fruit Juice Fresh Apple Slices Red Seedless Grapes	Celery Sticks Mixed Peppers 100% Fruit Juice Banana Assorted Fruit	Assorted Veggies Romaine Blend Side Salad 100% Fruit Juice Orange Wedges Applesauce	Broccoli Florets Assorted Fresh Veggies Fresh Apple Side Kick Slushies

What's on the Menu?

Sparta Middle School Lunch Menu March 27th – 31st, 2023

MENU IS SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	Breaded Chicken Drumstick Side of Mac n Cheese Corn on the Cob	Baked Potato Bar Potato, Bacon, Ham, Cheese Cheese Filled Pretzels Broccoli w/ Cheese Sauce	Chicken Tenders w/ Waffles Tater Tots	Spring Break	Spring Break
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	Supreme Pizza Classic Cheese Pizza	Personal Pepperoni Pizza Classic Cheese Pizza	Italian Stromboli Classic Cheese Pizza	Spring Break	Spring Break
	Pull Apart Queso Breadstick Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Corn on the Cob	BBQ Pulled Pork Sliders Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Broccoli w/ Cheese Sauce	Mini Corn Dogs Breaded Chicken Sandwich Cheeseburger Spicy Breaded Chicken Sandwich Tater Tots	Spring Break	Spring Break
	PREMADE TURKEY & HAM SUBS DAILY				
AVAILABLE DAILY: PB&J Uncrustables & Fruit Yogurt Parfaits					
	Grilled Chicken Caesar Salad w/ 2 Dinner Rolls Turkey Ranch Wrap	Turkey Chef Salad w/ 2 Dinner Rolls Breaded Chicken Wrap	Popcorn Chicken Salad w/ 2 Dinner Rolls Berry Parfait w/ Granola	Spring Break	Spring Break
	Cherry Tomatoes Cucumber Coins 100% Fruit Juice Assorted Fruit Fresh Pear	Baby Carrots Romaine Blend Side Salad 100% Fruit Juice Fresh Apple Slices Red Seedless Grapes	Celery Sticks Mixed Peppers 100% Fruit Juice Banana Assorted Fruit	Spring Break	Spring Break