

# What's on the Menu?

Sparta Middle School Lunch Menu March 4<sup>th</sup> – 8<sup>th</sup>, 2024

All meals come with choice of low-fat 1% White or Chocolate Milk

MENU IS SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Breakfast for Lunch:</b> Pancakes W/ Scrambled Eggs W/ Cheese Hash browns	<b>Hot Dog Bar</b> – 2 Hot Dog W/ Chili, Cheese, Pick your toppings  <b>Baked Beans</b> <b>Waffle Fries</b>	<b>Pasta Bar:</b> Chicken Alfredo Pasta or Cajun Chicken Pasta Garlic Breadstick <b>Seasoned Green Beans</b>	Baked Potato Bar Potato, Bacon, Ham, Cheese Side of Mac & Cheese <b>Seasoned Broccoli w/ Cheese Sauce</b>	Chicken Fajita Bowl w/ Black Beans & Brown Rice  <b>Curly Fries</b>
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	Buffalo Chicken Flatbread Pizza Personal Pepperoni Pizza	<b>Enriched</b> Pepperoni Pizza Classic Cheese Pizza	Italian Sausage Pizza Classic Cheese Pizza	Meat Lover's Flatbread Pizza Classic Cheese Pizza	Supreme Pizza  Bosco Breadsticks w/ Marinara Sauce
	Breaded Chicken Poppers W/ Side Mac N Cheese Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Cheeseburger Hash browns	Pork Carnitas Quesadilla Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Cheeseburger Waffle Fries Baked Beans	Philly Beef Steak Sub Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Cheeseburger Seasoned Green Beans	Combo-Breaded Mozzarella Sticks w/ Chicken Nuggets Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Cheeseburger Broccoli W/ Cheese Sauce	Warm Pretzel Rods (4) W/ Jalapeno Cheese Dip Breaded Chicken Sandwich Spicy Breaded Sandwich Fish Sticks Curly Fries
	Build Your Own Deli Sandwich Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, & Wraps, Vegetable Toppings, & Condiments				
AVAILABLE DAILY: PB&J Uncrustables & Fruit Yogurt Parfaits					
	Turkey Chef Salad W/ 2 Dinner Rolls Italian Chicken Pasta Salad	Chicken BLT Salad w/ 2 Dinner Rolls Chicken Caesar Wrap	Ham & Cheese Chef Salad w/ 2 Dinner Rolls Turkey Ranch Wrap	Buffalo Popcorn Chicken Salad w/ Dinner Roll Ham, Salami, & Cheese Italian Wrap	Turkey Chef Salad w/ Dinner Rolls Buffalo Ranch Chicken Wrap
	Cherry Tomatoes Cucumber Coins 100% Fruit Juice Assorted Fruit Fresh Pear	Broccoli Florets Romaine Blend Side Salad 100% Fruit Juice Fresh Apple Slices Red Seedless Grapes	Cherry Tomato's Celery Sticks 100% Fruit Juice Banana Assorted Fruit	Fresh Pepper Sticks Romaine Blend Side Salad 100% Fruit Juice Orange Wedges Applesauce	Fresh Broccoli Florets Assorted Vegetables 100% Fruit Juice Sidekick Slushies Assorted Fresh Fruit

This Institution is an equal opportunity provider.

# What's on the Menu?

Sparta Middle School Lunch Menu March 11<sup>th</sup> – 15<sup>th</sup>, 2024

All meals come with choice of low-fat 1% White or Chocolate Milk

MENU IS SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	Beef Lasagna Garlic Bread <b>Seasoned Green Beans</b> "Eat Your Noodles Day"	<b>Students Choice</b> <b>Homemade Macaroni and Cheese</b> <b>Pulled Pork or Popcorn Chicken</b> <b>BBQ Baked Beans</b>	Breaded Chicken Drumstick Cornbread Stuffing  <b>Mashed Potatoes w/ Gravy</b>	Biscuits W/ Sausage Gravy Scrambled Eggs W/ Cheese  <b>Hash Brown Patty</b>	Chicken Dumplings W/ Fried Rice W/ Veggies  <b>Seasoned Mixed Veggies</b>
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	Meat lovers Stromboli	Classic Pepperoni Pizza	<b>Enriched</b> Italian Sausage Pizza	Personal Pepperoni Pizza	Classic Pepperoni Pizza
	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Bosco Breadsticks w/ Marinara Sauce	Classic Cheese Pizza
	Pull Apart Southwest Queso Bread Breaded Chicken Sandwich Cheeseburger Spicy Breaded Chicken Sandwich Seasoned Green Beans	Beef Brisket w/ Cheese Sauce w/ Tortilla Chips or Mac n Cheese Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich BBQ Baked Beans	Chicken & Cheese Crisпитos Breaded Chicken Sandwich Bacon Cheeseburger Spicy Breaded Chicken Sandwich Mashed Potatoes w/ Gravy	Mini Corn Dogs Breaded Chicken Sandwich Cheeseburger Spicy Breaded Chicken Sandwich Hash Brown Patty	3 Cheese Pretzel Bun Sandwich Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Breaded Fish Sandwich Seasoned Mixed Veggies
	Build Your Own Deli Sandwich				
	Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, & Wraps, Vegetable Toppings, & Condiments				
	AVAILABLE DAILY : PB&J Uncrustables & Fruit Yogurt Parfaits				
	Chicken BLT Salad w/ 2 Dinner Rolls	Buffalo Chicken Salad w/ 1 Dinner Rolls	Ham & Cheese Chef Salad w/ 2 Dinner Rolls	Turkey Chef Salad w/ 2 Dinner Rolls	Popcorn Chicken Salad W/ 2 Dinner Rolls
	Fruit Pizza Flatbread-w/ side of Yogurt & Cheese Cubes	Turkey Ranch Wrap	Buffalo Chicken Wrap	Ham, Salami, & Cheese Italian Wrap	Chicken Caesar Wrap
	Cherry Tomatoes Cucumber Coins 100% Fruit Juice Assorted Fruit Fresh Pear	Baby Carrots Romaine Blend Side Salad 100% Fruit Juice Fresh Apple Slices Seedless Grapes	Celery Sticks Mixed Peppers 100% Fruit Juice Banana Assorted Fruit	Assorted Veggies Romaine Blend Side Salad 100% Fruit Juice Orange Wedges Applesauce	Broccoli Florets Sugar Snap Peas Sidekick Slushie Assorted Fresh Fruit Assorted Chilled Fruit

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# What's on the Menu?

Sparta Middle School Lunch Menu March 18<sup>th</sup> – 22<sup>nd</sup>, 2024

All meals come with choice of low-fat 1% White or Chocolate Milk

MENU IS SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
<div>create</div>	Orange or Thai Sweet Chili Popcorn Chicken W/ Fried Rice Egg Roll <b>Seasoned Peas &amp; Carrots</b>	Cinnamon French Toast Scrambled Eggs w/ Cheese & Sausage Links <b>Tater Tots</b>	Cheesy Tortellini Pasta w/ Marinara or Meat Sauce Garlic Bread  <b>Seasoned Green Beans</b>	BBQ Pulled Pork or Beef Philly Steak-TOTchos w/ Side of Mac n Cheese & Corn Bread <b>BBQ Baked Beans</b>	<b>Burger Bar You Pick:</b> Cheese, Bacon, Chili, Assorted Veggies  <b>Oven Baked Fries</b> <b>Water Day</b>
<div>sono CELEBRATE LATIN</div>	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
<div>2mato</div>	Classic Pepperoni Pizza	<b>Enriched</b> Pepperoni Pizza	Personal Meat Lover's Pizza	Classic Pepperoni Pizza	Italian Sausage Pizza
	Bosco Breadsticks w/ Marinara Sauce	Classic Cheese Pizza	Bosco Breadsticks w/ Marinara Sauce	Cheese Stromboli	Classic Cheese Pizza
<div>grilled EXPRESS</div>	Sloppy Joe Breaded Chicken Waffle Sandwich Cheeseburger Spicy Breaded Chicken Sandwich <b>Seasoned Peas &amp; Carrots</b>	Mini Corn Dogs Breaded Chicken Sandwich Cheeseburger Spicy Breaded Chicken Sandwich <b>Tater Tots</b>	Buffalo Chicken Quesadilla Breaded Chicken Sandwich Cheeseburger Spicy Breaded Chicken Sandwich <b>Seasoned Green Beans</b>	Pepperoni Pizza Sub Breaded Chicken Sandwich Cheeseburger Spicy Breaded Chicken Sandwich  <b>BBQ Baked Beans</b>	Breaded Mozzarella Sticks w/ Marinara Sauce Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Fish Sticks W/ Side Mac <b>Oven Baked Fries</b>
<div>SO DELI</div>	Build Your Own Deli Sandwich				
	Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, & Wraps, Vegetable Toppings, & Condiments				
	AVAILABLE DAILY: PB&J Uncrustables & Fruit Yogurt Parfaits				
<div>ON THE GO</div>	Chicken BLT W/ Dinner Rolls	Popcorn Chicken Salad w/ 1 Dinner Roll	Ham & Cheese Chef Salad w/ 2 Dinner Rolls	Grilled Chicken Caesar Salad w/ 2 Dinner Rolls	Turkey Chef Salad w/ 2 Dinner Rolls
	Chicken Caesar Pasta Salad W/ Breadstick	Turkey & Cheese Pinwheels	Veggie Pizza w/ Yogurt & String Cheese	Ham & Cheese Wrap	Buffalo Ranch Chicken Wrap
<div>extra extra</div>	Cauliflower Florets Tossed Side Salad 100% Fruit Juice Assorted Fruit Assorted Chilled Fruit	Baby Carrots Romaine Blend Side Salad 100% Fruit Juice Fresh Apple Slices Red Seedless Grapes	Celery Sticks Mixed Peppers 100% Fruit Juice Banana Assorted Fruit	Assorted Veggies Romaine Blend Side Salad 100% Fruit Juice Orange Wedges Applesauce	Broccoli Florets Assorted Fresh Veggies Fresh Apple Side Kick Slushies

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# What's on the Menu?

Sparta Middle School Lunch Menu March 25<sup>th</sup> – 29<sup>th</sup>, 2024

All meals come with choice of low-fat 1% White or Chocolate Milk

MENU IS SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	Belgium Waffles W/ Scrambled Eggs W/ Cheese & Sausage Link <b>Tater Tots</b> <b>International Waffle Day</b>	Hot Ham & Cheese Croissant w/ Choice of <b>soup</b> -Chicken Noodle or Broccoli Cheese <b>Seasoned Corn</b> <b>Spinach Day</b>	Popcorn Chicken-Plain or Spicy Macaroni & Cheese  <b>Mashed Potatoes w/ Gravy</b>	<b>No School</b>	
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	Supreme Pizza	Personal Pepperoni Pizza	Italian Stromboli	<b>No School</b>	
	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza		
	Grilled Chicken Bacon Sandwich Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Cheeseburger Tater Tots	BBQ Riblet Sandwich Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Cheeseburger  <b>Seasoned Corn</b>	Beef Teriyaki Dippers w/ side of Mac n Cheese Breaded Chicken Sandwich Cheeseburger Spicy Breaded Chicken Sandwich <b>Mashed Potatoes w/ Gravy</b>	<b>No School</b>	
	Build Your Own Deli Sandwich Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, & Wraps, Vegetable Toppings, & Condiments				
AVAILABLE DAILY: PB&J Uncrustables & Fruit Yogurt Parfaits					
	Grilled Chicken Caesar Salad w/ 2 Dinner Rolls	Turkey Chef Salad w/ 2 Dinner Rolls	Popcorn Chicken Salad w/ 2 Dinner Rolls	<b>No School</b>	
	5 Layered Taco Dip w/ Tortilla Chips	Breaded Chicken Wrap	Turkey Ranch Wrap		
	Cherry Tomatoes Cucumber Coins 100% Fruit Juice Assorted Fruit Fresh Pear	Baby Carrots Romaine Blend Side Salad 100% Fruit Juice Fresh Apple Slices Red Seedless Grapes	Celery Sticks Mixed Peppers 100% Fruit Juice Assorted Fruit	<b>No School</b>	

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