

# What's on the Menu?

Sparta Middle School Lunch Menu August 21<sup>st</sup> – 25<sup>th</sup>, 2023

All meals come with choice of low-fat 1% White or Chocolate Milk

MENU IS SUBJECT TO CHANGE








	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Hot Dog Bar</b> – 1 Hot Dog W/ Chili, Cheese, Pick your toppings  <b>Curly Fries</b> <b>Baked Beans</b>	Chicken Fajita Bowl w/ Black Beans & Brown Rice  <b>Seasoned Corn</b>	Chicken & Vegetable Dumplings Fried Rice  <b>Seasoned Peas</b>	<b>Breakfast for Lunch:</b> Waffles W/ Scrambled Eggs W/ Cheese  <b>Tater Tots</b>	<b>Enriched</b> Spaghetti W/ Meatballs or Meat Sauce Breadstick  <b>Seasoned Green Beans</b>
	<b>DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, &amp; cheese</b>				
	Bosco Breadsticks w/ Marinara Sauce Personal Pepperoni Pizza	<b>Enriched</b> Pepperoni Pizza Classic Cheese Pizza	Italian Sausage Pizza Classic Cheese Pizza	Meat Lover's Flatbread Pizza Classic Cheese Pizza	Supreme Pizza Bosco Breadsticks w/ Marinara Sauce
	Beef Teriyaki Dippers w/ Mac n Cheese Breaded Chicken Sandwich <b>Spicy Breaded Chicken Sandwich</b> Cheeseburger <b>Curly Fries</b> <b>Baked Beans</b>	<b>BBQ Riblet Sandwich</b> Breaded Chicken Sandwich <b>Spicy Breaded Chicken Sandwich</b> Cheeseburger <b>Seasoned Corn</b>	Warm Pretzel Rods (4) W/ Jalapeno Cheese Dip Breaded Chicken Sandwich <b>Spicy Breaded Chicken Sandwich</b> Cheeseburger <b>Seasoned Peas</b>	Combo-Breaded Mozzarella Sticks w/ Chicken Nuggets Breaded Chicken Sandwich <b>Spicy Breaded Chicken Sandwich</b> Cheeseburger <b>Tater Tots</b>	Cheese Pizza Crunchers(4) Breaded Chicken Sandwich <b>Spicy Breaded Chicken Sandwich</b> Cheeseburger <b>Seasoned Green Beans</b>
	<b>Build Your Own Deli Sandwich</b> Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, & Wraps, Vegetable Toppings, & Condiments				
<b>AVAILABLE DAILY: PB&amp;J Uncrustables &amp; Fruit Yogurt Parfaits</b>					
	Turkey Chef Salad W/ 2 Dinner Rolls Italian Chicken Pasta Salad	Chicken BLT Salad w/ 2 Dinner Rolls Chicken Caesar Wrap	Ham & Cheese Chef Salad w/ 2 Dinner Rolls Turkey Ranch Wrap	Buffalo Popcorn Chicken Salad w/ Dinner Roll Ham, Salami, & Cheese Italian Wrap	Turkey Chef Salad w/ Dinner Rolls Buffalo Ranch Chicken Wrap
	Cherry Tomatoes Cucumber Coins 100% Fruit Juice Assorted Fruit Fresh Pear	Broccoli Florets Romaine Blend Side Salad 100% Fruit Juice Fresh Apple Slices Red Seedless Grapes	Cherry Tomato's Celery Sticks 100% Fruit Juice Banana Assorted Fruit	Fresh Pepper Sticks Romaine Blend Side Salad 100% Fruit Juice Orange Wedges Applesauce	Fresh Broccoli Florets Assorted Vegetables 100% Fruit Juice Sidekick Slushies Assorted Fresh Fruit

# What's on the Menu?

Sparta Middle School Lunch Menu August 28<sup>th</sup> – September 1<sup>st</sup>, 2023

All meals come with choice of low-fat 1% White or Chocolate Milk

MENU IS SUBJECT TO CHANGE








	Monday	Tuesday	Wednesday	Thursday	Friday
	Mac n Cheese Warm Pretzel <b>Seasoned Green Beans</b> <b>BBQ Baked Beans</b>	Popcorn Chicken - Plain or Spicy Breadstick  <b>Mashed Potatoes w/ Gravy</b>	Biscuits W/ Sausage Gravy Scrambled Eggs W/ Cheese  <b>Tater Tots</b>	Potato Pierogi w/ Homemade Cheese Sauce  <b>Seasoned Corn</b>	<b>No School</b>
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	Meat lovers Stromboli  Classic Cheese Pizza	Classic Pepperoni Pizza  Classic Cheese Pizza	<b>Enriched</b> Italian Sausage Pizza  Classic Cheese Pizza	Personal Pepperoni Pizza  Bosco Breadsticks w/ Marinara Sauce	<b>No School</b>
	<b>Beef Philly</b> <b>Cheesesteak</b> <b>Sandwich</b> <b>Breaded Chicken</b> <b>Sandwich</b> <b>Cheeseburger</b> <b>Spicy Breaded Chicken</b> <b>Sandwich</b> <b>Seasoned Green</b> <b>Beans</b> <b>BBQ Baked Beans</b>	<b>Southwest BBQ Pulled</b> <b>Pork Sandwich</b> <b>Breaded Chicken</b> <b>Sandwich</b> <b>Spicy Breaded Chicken</b> <b>Sandwich</b> <b>Mashed Potatoes w/ Gravy</b>	<b>Chicken &amp; Cheese</b> <b>Crispitos</b> <b>Breaded Chicken</b> <b>Sandwich</b> <b>Bacon Cheeseburger</b> <b>Spicy Breaded Chicken</b> <b>Sandwich</b> <b>Tater Tots</b>	<b>Corndog</b> <b>Breaded Chicken</b> <b>Sandwich</b> <b>Cheeseburger</b> <b>Spicy Breaded Chicken</b> <b>Sandwich</b> <b>Seasoned Corn</b>	<b>No School</b>
	Build Your Own Deli Sandwich Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, & Wraps, Vegetable Toppings, & Condiments				
AVAILABLE DAILY : PB&J Uncrustables & Fruit Yogurt Parfaits					
	Chicken BLT Salad w/ 2 Dinner Rolls  Hummus W/ Pita Chips	Ham & Cheese Chef Salad w/ 2 Dinner Rolls  Chicken Ranch Wrap	Buffalo Popcorn Chicken Salad w/ 2 Dinner Rolls  Buffalo Chicken Wrap	Turkey Chef Salad w/ 2 Dinner Rolls  Ham & Salami Pasta Salad w/ Breadstick	<b>No School</b>
	Cherry Tomatoes Cucumber Coins 100% Fruit Juice Assorted Fruit Fresh Pear	Baby Carrots Romaine Blend Side Salad 100% Fruit Juice Fresh Apple Slices Seedless Grapes	Celery Sticks Mixed Peppers 100% Fruit Juice Banana Assorted Fruit	Assorted Veggies Romaine Blend Side Salad 100% Fruit Juice Orange Wedges Applesauce	<b>No School</b>

# What's on the Menu?

Sparta Middle School Lunch Menu September 4<sup>th</sup> – 8<sup>th</sup>, 2023

All meals come with choice of low-fat 1% White or Chocolate Milk

MENU IS SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	No School	Cinnamon French Toast Scrambled Eggs w/ Cheese  Tater Tots	Breaded Chicken Drumstick W/ Cornbread  Mashed Potatoes W/ Gravy	<b>Burger Bar You Pick:</b> cheese, bacon, chili, assorted veggies  Seasoned Corn	Chicken Nuggets w/ side of Mac n Cheese  Oven Baked Fries Baked Beans
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	No School	Enriched Pepperoni Pizza  Classic Cheese Pizza	Personal Meat Lover's Pizza  Bosco Breadsticks w/ Marinara Sauce	Classic Pepperoni Pizza  Cheese Stromboli	Italian Sausage Pizza  Classic Cheese Pizza
	No School	2 Taco Sticks Breaded Chicken Sandwich Cheeseburger Spicy Breaded Chicken Sandwich Tater Tots	Warm Pretzel Bites W/ Jalapeno Cheese Sauce Breaded Chicken Sandwich Cheeseburger Spicy Breaded Chicken Sandwich Mashed Potatoes W/ Gravy	BBQ Shredded Pulled Pork Sandwich Breaded Chicken Sandwich Cheeseburger Spicy Breaded Chicken Sandwich Seasoned Corn	Mini Corn Dogs Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Breaded Fish Sticks W/ Side Mac & Cheese Oven Baked Fries BBQ Baked Beans
	Build Your Own Deli Sandwich Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, & Wraps, Vegetable Toppings, & Condiments				
AVAILABLE DAILY: PB&J Uncrustables & Fruit Yogurt Parfaits					
	No School	Grilled Chicken Caesar Salad w/ 2 Dinner Rolls Buffalo Ranch Chicken Wrap	Ham & Cheese Chef Salad w/ 2 Dinner Rolls Turkey Ranch Wrap	Popcorn Chicken Salad w/ 2 Dinner Rolls Italian Pasta Salad W/ Breadstick	Turkey Chef Salad w/ 2 Dinner Rolls Hummus Combo
	No School	Baby Carrots Romaine Blend Side Salad 100% Fruit Juice Fresh Apple Slices Red Seedless Grapes	Celery Sticks Mixed Peppers 100% Fruit Juice Banana Assorted Fruit	Assorted Veggies Romaine Blend Side Salad 100% Fruit Juice Orange Wedges Applesauce	Broccoli Florets Assorted Fresh Veggies Fresh Apple Side Kick Slushies

# What's on the Menu?

Sparta Middle School Lunch Menu September 11<sup>th</sup> – 15<sup>th</sup>, 2023

All meals come with choice of low-fat 1% White or Chocolate Milk

MENU IS SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	Chicken Tenders W/ Waffles  Tater Tots	Baked Potato Bar Potato, Bacon, Ham, Cheese Side of Mac & Cheese <b>Broccoli w/ Cheese Sauce</b> <b>BBQ Baked Beans</b>	Sweet N Sour or Thai Sweet Chili Popcorn Chicken W/ Fried Rice  <b>Seasoned Carrots</b>	Beef Lasagna w/ Rotini Noodles Garlic Bread  <b>Seasoned Green Beans</b>	Popcorn Shrimp or Popcorn Chicken Corn Bread  <b>Oven Baked Fries</b>
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	Supreme Pizza  Classic Cheese Pizza	Personal Pepperoni Pizza  Classic Cheese Pizza	Italian Stromboli  Classic Cheese Pizza	Classic Pepperoni Pizza  Classic Cheese Pizza	<b>Enriched</b> Meat Lover's Pizza  Bosco Breadsticks w/ Marinara Sauce
	<b>Cheeseburger Breaded Chicken Sandwich</b> <b>Spicy Breaded Chicken Sandwich</b> Tater Tots	<b>Beef Teriyaki Dippers w/ side of Mac n Cheese</b> <b>Breaded Chicken Sandwich</b> <b>Spicy Breaded Chicken Sandwich</b> <b>Broccoli w/ Cheese Sauce</b> <b>BBQ Baked Beans</b>	<b>Mini Corn Dogs</b> <b>Breaded Chicken Sandwich</b> <b>Cheeseburger</b> <b>Spicy Breaded Chicken Sandwich</b> <b>Seasoned Carrots</b>	<b>BBQ Riblet Sandwich</b> <b>Breaded Chicken Sandwich</b> <b>Spicy Breaded Chicken Sandwich</b> <b>Seasoned Green Beans</b>	<b>Taco Pizza Bites</b> <b>Breaded Chicken Sandwich</b> <b>Spicy Breaded Chicken Sandwich</b> <b>Oven Baked Fries</b>
	<p align="center"><b>Build Your Own Deli Sandwich</b></p> <p align="center">Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, &amp; Wraps, Vegetable Toppings, &amp; Condiments</p>				
<b>AVAILABLE DAILY: PB&amp;J Uncrustables &amp; Fruit Yogurt Parfaits</b>					
	Grilled Chicken Caesar Salad w/ 2 Dinner Rolls  Turkey Ranch Wrap	Turkey Chef Salad w/ 2 Dinner Rolls  Breaded Chicken Wrap	Popcorn Chicken Salad w/ 2 Dinner Rolls  Hummus W/ Pita Bread	Ham & Cheese Chef Salad w/ 2 Dinner Rolls  Buffalo Chicken Caesar Wrap	Chicken BLT Salad w/ 2 Dinner Rolls  Egg Salad Sandwich Wrap
	Cherry Tomatoes Cucumber Coins 100% Fruit Juice Assorted Fruit Fresh Pear	Baby Carrots Romaine Blend Side Salad 100% Fruit Juice Fresh Apple Slices Red Seedless Grapes	Celery Sticks Mixed Peppers 100% Fruit Juice Banana Assorted Fruit	Assorted Veggies Romaine Blend Side Salad 100% Fruit Juice Orange Wedges Applesauce	Broccoli Florets Assorted Fresh Veggies  Fresh Apple Side Kick Slushies