

What's on the Menu?

Sparta High School Lunch Menu September 18th – 22nd, 2023

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	Burger Bar: Cheese, Bacon, Chili, Assorted Veggies Corn On the Cob BBQ Baked Beans National Cheeseburger Day	Baked Potato Bar- Potato, Ham, Cheese, Bacon 2 Soft Pretzels w/ Cheese Sauce Broccoli w/ Cheese Sauce	Sweet N Sour Thai Chicken W/ Fried Rice & Egg Roll Curly Fries National Fried Rice Day	Waffle W/ Sausage Links & Scrambled Eggs W/ Cheese Tater Tot	Enriched Spaghetti W/ Meat Sauce Garlic Bread Seasoned Green Beans
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	Enriched Chicken, Bacon, Ranch Pizza	Pepperoni & Sausage Pizza	Meat Lover's Pizza	Supreme Pizza	Classic Pepperoni Pizza
	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Bosco Breadsticks w/ Marinara Sauce	Classic Cheese Pizza
	Mini Corn Dogs Spicy Crispy Chicken Sandwich Toasted Italian Sub Corn on the Cob BBQ Baked Beans	Breaded Chicken Sandwich-Plain or Spicy Pizza Sub Broccoli w/ Cheese Sauce	BBQ Pulled Pork Sandwich Breaded Chicken Club Sandwich Curly Fries	Chicken Nuggets w/ Dinner Roll Bacon Cheeseburger Tater Tots	Plain or Spicy Breaded Chicken Sandwich BBQ Riblet Sandwich Seasoned Green Beans
	Build Your Own Deli Sandwich Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns & Wraps, Vegetable Toppings, and Condiments				
	AVAILABLE DAILY-FRUIT YOGURT PARFAITS & PB&J UNCRUSTABLES				
	Italian Chicken Pasta Salad w/ Dinner Roll	Grilled Chicken Caesar Salad w/ 2 Dinner Rolls	Turkey Chef Salad w/ 2 Dinner Rolls	Ham & Cheese Salad w/ 2 Dinner Rolls	Popcorn Chicken Salad-w/ 1 Dinner Roll
	Breaded Chicken Caesar Wrap	Turkey, Bacon, Ranch Wrap	Hummus Combo	Buffalo Chicken Wrap	Salami, Ham, & Cheese Italian Wrap
	Side Salad Cucumber Coins Assorted Veggies 100% Fruit Juice Assorted Fruit Fresh Pear	Broccoli Florets Side Salads Assorted Veggies 100% Fruit Juice Fresh Apple Slices Red Seedless Grapes Assorted Fruit	Celery Sticks Mixed Peppers Side Salad Assorted Veggies 100% Fruit Juice Banana Assorted Fruit	Baby Carrots Side Salad Assorted Veggies 100% Fruit Juice Orange Wedges Applesauce Assorted Fruit	Side Salad Celery Sticks Assorted Fresh Veggies Fresh Apple Side Kick Slushies Assorted Fruit

What's on the Menu?

Sparta High School Lunch Menu September 25th – 29th, 2023

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	Macaroni & Cheese- Plain or Tex-Mex Warm Soft Pretzel Roasted Green Beans <i>National Food Service Worker Day</i>	<i>Breakfast for Lunch</i> 2 Pancakes Scrambled Eggs W/ Cheese & Sausage links Tater Tots <i>National Pancake Day</i>	Beef Hot Dog Bar: Assorted Cheese, veggies, & toppings BBQ Baked Beans Curly Fries <i>National Chocolate Milk Day</i>	Potato Pierogi w/ Homemade Cheese Sauce Seasoned Corn	<i>Wing on the Weekend!!</i> Wings w/ Breadstick Sauces-mild, sweet chili, buffalo, Nashville Hot Seasoned Broccoli W/ Cheese Sauce
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	Italian Stromboli Bosco Breadsticks w/ Marinara	Classic Pepperoni Pizza Classic Cheese Pizza	<i>Enriched</i> Meat Lover's Pizza Classic Cheese Pizza	Personal Pepperoni Pizza Meat Lover's Stromboli	Classic Pepperoni Pizza Veggie Pizza
	<i>Chicken Tenders plain or Spicy w/ Side of Mac n Cheese</i> <i>Cheeseburger</i> Roasted Green Beans	<i>Grilled Chicken Sandwich on a Pretzel Bun</i> <i>Breaded Mozzarella Sticks w/ Marinara Sauce</i> Tater Tots	<i>Corn Dog</i> <i>Spicy or Plain</i> <i>Breaded Chicken Sandwich</i> BBQ Baked Beans Curly Fries	<i>Buffalo Ranch Chicken Quesadilla-35178.24</i> <i>Breaded Chicken Sandwich-plain or Spicy</i> <i>Soft Pretzel Bites w/ Jalapeno Cheese Dip</i> Seasoned Corn	<i>Bacon Cheeseburger</i> <i>Breaded Chicken Sandwich-plain or Spicy</i> <i>Turkey Reuben</i> Seasoned Broccoli W/ Cheese Sauce
	<i>Build Your Own Deli Sandwich</i> <i>Available Daily: Variety of Meats, Cheeses, Sub Buns, & Wraps, Vegetable Toppings, and Condiments</i>				
AVAILABLE DAILY- FRUIT YOGURT PARFAITS & PB&J UNCRUSTABLES					
	Turkey Chef Salad w/ 2 Dinner Rolls Breaded Chicken Caesar Wrap	Breaded Chicken Salad w/ 1 Dinner Roll Italian Pasta Salad w/ Ham & Salami	Cobb-Egg & Cheese Salad w/ 2 Dinner Rolls Turkey, Bacon, Ranch Wrap	Ham & Cheese Chef Salad w/ 2 Dinner Rolls Honey Mustard Breaded Chicken Wrap	Buffalo Popcorn Chicken Salad w/ 1 Dinner Roll Hummus Combo
	Side Salad Cucumber Coins Assorted Veggies 100% Fruit Juice Assorted Fruit Fresh Pear	Baby Carrots Side Salad Assorted Veggies 100% Fruit Juice Fresh Apple Slices Red Seedless Grapes Assorted Fruit	Celery Sticks Side Salad Assorted Veggies 100% Fruit Juice Banana Assorted Fruit	Cherry Tomatoes Side Salad Assorted Veggies 100% Fruit Juice Orange Wedges Applesauce Assorted Fruit	Fresh Broccoli Florets Assorted Veggies Side Salad 100% Fruit Juice Assorted Fruit Sidekick Slushie

What's on the Menu?

Sparta High School Lunch Menu October 2nd – 6th, 2023

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
<div>create</div>	French Toast Sticks Scrambled Eggs w/ Bacon & Cheese Tater Tots School Custodian Appreciation Day	Chicken Nuggets W/ Side Mac & Cheese Fried Rice Seasoned Green Beans	Four Cheese Enchiladas Beef & Cheese Enchiladas Elotes Style Corn or Refried Beans National Taco Day	Buffalo chicken Dip w/ Tortilla Chips Curly Fries	Beef Lasagna W/ Rotini Noodles Garlic Bread Seasoned Peas & Carrots National Noodle Day
<div>sono CELEBRATE LATIN</div>	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
<div>2mato</div>	Classic Pepperoni Pizza	Meat Lover's Flatbread	Classic Pepperoni Pizza	Supreme Pizza	Enriched Pepperoni & Sausage Pizza
	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Bosco Breadsticks w/ Marinara Sauce	Classic Cheese Pizza
<div>grilled EXPRESS</div>	Cheeseburger Breaded Chicken Waffle Sandwich Tater Tots	Regular OR Spicy Breaded Chicken Sandwich Beef Teriyaki Dippers w/ Mac n Cheese & Cornbread Poppers Seasoned Green Beans	Beef Riblet Sandwich Combo Breaded Mozzarella Sticks & Chicken Nuggets Elotes Style Corn Baked Beans	Beef Philly Cheese Steak Sandwich Breaded Chicken Sandwich Bacon Cheeseburger Curly Fries	Chicken Tenders-Plain or Spicy w/ Mac n Cheese Breaded Fish Sandwich Seasoned Peas & Carrots
<div>SO DELI</div>	Build Your Own Deli Sandwich				
	Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, & Wraps, Vegetable Toppings, and Condiments				
AVAILABLE DAILY-FRUIT YOGURT PARFAITS & PB&J UNCRUSTABLES					
<div>ON THE GO</div>	Turkey, Egg, & Cheese Chef Salad	Turkey Chef Salad w/ 2 Dinner Rolls	Buffalo Popcorn Chicken Salad w/ 1 Dinner Rolls	Ham Chef Salad w/ 2 Dinner Rolls	Breaded Chicken Salad w/ Dinner Roll
	Chicken Pasta Salad	Italian Chicken & Cheese Wrap	Buffalo Chicken Wrap	Torta de Jamon -Ham, cheese, avocado, lettuce, tomatoes, & bean sandwich	Turkey Pesto Wrap
<div>extra extra</div>	Side Salad Cucumber Coins Assorted Veggies 100% Fruit Juice Assorted Fruit Fresh Pear	Baby Carrots Side Salad Assorted Veggies 100% Fruit Juice Fresh Apple Slices Spiced Mango	Celery Sticks Side Salad Assorted Veggies 100% Fruit Juice Banana Assorted Fruit	Baby Carrots Side Salad Assorted Veggies 100% Fruit Juice Orange Wedges Applesauce Assorted Fruit	Fresh Broccoli Florets Assorted Veggies Side Salad 100% Fruit Juice Assorted Fruit Sidekick Slushie

What's on the Menu?

Sparta High School Lunch Menu October 9th – 13th, 2023

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
<div>create</div> <div>National School Lunch Week</div>	Chicken Fajita Bowl w/ Black Beans W/ Corn & Brown Rice Seasoned Mixed Veggies	GLOBAL EATS Chorizo & Egg Burrito Bowl Tater Tots	Chicken & Veggie Dumplings Fried Rice Seasoned Peas & Carrots National Sausage Pizza Day	Enriched Chicken Alfredo Pasta Garlic Breadstick Seasoned Broccoli w/ Cheese Sauce	Breaded Chicken Drumstick w/ Cornbread Apple Crisp Mashed Potatoes w/ Gravy
<div>sono</div> <div>CELEBRATE LATIN</div>	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
<div>2mato</div>	Enriched Supreme Pizza Classic Cheese Pizza	Classic Pepperoni Pizza Classic Cheese Pizza	Italian Sausage Pizza Classic Cheese Pizza	Chicken Alfredo Pizza Bosco Breadsticks w/ Marinara Sauce	Personal Meat Lover's Pizza Classic Cheese Pizza
<div>grilled EXPRESS</div>	Sloppy Joe Breaded Chicken Sandwich-plain or spicy Warm Soft Pretzel Bites w/ Cheese Dip Oven Baked Fries BBQ Baked Beans	Chicken Tenders-Plain or Spicy w/ Dinner Roll Cheeseburger Tater Tots	Mini Corn Dogs Breaded Chicken Sandwich-plain or spicy Seasoned Peas & Carrots	Bacon Cheeseburger Breaded Chicken Sandwich-plain or spicy 2 Chicken & Cheese Crisпитos Seasoned Broccoli W/ Cheese Sauce	Grilled Chicken Club Sandwich Pork Carnitas Quesadilla Mashed Potatoes w/ Gravy
<div>SO DELI</div>	Build Your Own Deli Sandwich Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, & Wraps, Vegetable Toppings, and Condiments				
AVAILABLE DAILY-FRUIT YOGURT PARFAITS & PB&J UNCRUSTABLES					
<div>ON THE GO</div>	Grilled Chicken Caesar Salad w/ 2 Dinner Rolls Ham & Cheese Wrap	Turkey Chef Salad w/ 2 Dinner Rolls Ham & Salami Pasta Salad	Popcorn Chicken Salad w/ 2 Dinner Rolls Hummus Combo	Ham & Cheese Chef Salad w/ 2 Dinner Rolls Buffalo Chicken Wrap	Breaded Chicken Salad w/ Dinner Roll Tuna Pasta Salad
<div>extra extra</div>	Cherry Tomatoes Side Salad Cilantro Lime Slaw 100% Fruit Juice Assorted Fruit Fresh Pear	Baby Carrots Side Salad 100% Fruit Juice Assorted Fruit Red Seedless Grapes	Side Salad Mixed Peppers Assorted Veggies 100% Fruit Juice Banana Assorted Fruit	Cucumbers Side Salad Assorted Veggies 100% Fruit Juice Orange Wedges Applesauce Assorted Fruit	Fresh Broccoli Florets Assorted Veggies Side Salad 100% Fruit Juice Assorted Fruit Sidekick Slushie