

What's on the Menu?

Sparta High School Lunch Menu November 14th – 18th 2022

MENU SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	NO SCHOOL	Popcorn Chicken- Plain or Spicy Macaroni & Cheese Seasoned Corn	Breakfast For Lunch 2 Pancakes Scrambled Eggs w/ Cheese Tater Tots International Whole Grain Day	Pasta Bar -Spaghetti w/ Meatballs or Chicken Alfredo Garlic Bread Seasoned Green Beans National Homemade Bread Day	Beef Hot Dogs-Plain or Chili Cheese Dogs BBQ Baked Beans Oven Baked Fries National Apple Cider Day
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	NO SCHOOL	Classic Pepperoni Pizza	Meat Lover's Pizza	Italian Sausage Pizza	Classic Pepperoni Pizza
		Classic Cheese Pizza	Classic Cheese Pizza	Bosco Breadsticks w/ Marinara Sauce	Enriched Classic Cheese Pizza
	NO SCHOOL	Pizza Sub Cheeseburger Seasoned Corn	Mini Corn Dogs Breaded Chicken Club Sandwich Tater Tots	Chicken Nuggets w/ Dinner Roll Bacon Cheeseburger Seasoned Green Beans	Breaded Mozzarella Sticks w/ Marinara Sauce BBQ Riblet Sandwich BBQ Baked Beans Oven Baked Fries
	<i>Pre-made Sandwiches w/ Toppings on the side</i> Available Daily: Variety of Meats, Cheeses, Homemade Whole Grain Bread, & Wraps, Vegetable Toppings, and Condiments				
AVAILABLE DAILY-FRUIT YOGURT PARFAITS & PB&J UNCRUSTABLES					
	NO SCHOOL	Grilled Chicken Caesar Salad w/ 2 Dinner Rolls	Turkey Chef Salad w/ 2 Dinner Rolls	Ham & Cheese Salad w/ 2 Dinner Rolls	Popcorn Chicken Salad- w/ 1 Dinner Roll
		Turkey, Bacon, Ranch Wrap	Chicken Caesar Wrap	Buffalo Chicken Wrap	Hummus Combo
	NO SCHOOL	Broccoli Florets Side Salads Assorted Veggies 100% Fruit Juice Fresh Apple Slices Red Seedless Grapes Assorted Fruit	Celery Sticks Mixed Peppers Side Salad Assorted Veggies 100% Fruit Juice Banana Assorted Fruit	Potato Salad Side Salad Assorted Veggies 100% Fruit Juice Orange Wedges Applesauce Assorted Fruit	Side Salad Celery Sticks Assorted Fresh Veggies Fresh Apple Side Kick Slushies Assorted Fruit

What's on the Menu?

Sparta High School Lunch Menu November 21st – 24th, 2022

MENU SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	Beef & Bean Chili w/ Fritos Curly Fries	Breaded Chicken Drumstick w/ Cornbread Apple Crisp Seasoned Corn	No School Thanksgiving Break		
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	Italian Stromboli Bosco Breadsticks w/ Marinara	Classic Pepperoni Pizza Classic Cheese Pizza	No School Thanksgiving Break		
	Beef Teriyaki Dippers(4) w/ Mac n Cheese & Dinner Roll Spicy Crispy Chicken Sandwich Curly Fries	Breaded Chicken Sandwich Cheeseburger Seasoned Corn			
	<i>Pre-made Sandwiches w/ Toppings on the side</i> Available Daily: Variety of Meats, Cheeses, Homemade Whole Grain Bread, & Wraps, Vegetable Toppings, and Condiments				
AVAILABLE DAILY- FRUIT YOGURT PARFAITS & PB&J UNCRUSTABLES					
	Turkey Chef Salad w/ 2 Dinner Rolls Breaded Chicken Caesar Wrap	Breaded Chicken Salad w/ 1 Dinner Roll Hummus Combo	No School Thanksgiving Break		
	Side Salad Cucumber Coins Assorted Veggies 100% Fruit Juice Assorted Fruit Fresh Pear	Baby Carrots Side Salad Assorted Veggies 100% Fruit Juice Fresh Apple Slices Red Seedless Grapes Assorted Fruit			

What's on the Menu?

Sparta High School Lunch Menu November 28th – December 2nd, 2022

MENU SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	French Toast Sticks Scrambled Eggs w/ Bacon & Cheese Tater Tots National French Toast Day	Salisbury Steak Corn Bread Mashed Potatoes w/ Gravy	Sweet Thai Chili Popcorn Chicken Fried Rice Egg Roll Seasoned Peas & Carrots	Soup Bar w/ Grilled Cheese Sandwich Pick your soup- Chicken Noodle, Tomato basil, or Broccoli Cheese Soup National Eat a Red Apple Day	Chicken Tenders W/ Side of Mac n Cheese Curly Fries Baked Beans
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	Classic Pepperoni Pizza Classic Cheese Pizza	Meat Lover's Flatbread Classic Cheese Pizza	Classic Pepperoni Pizza Classic Cheese Pizza	Hawaiian Pizza Bosco Breadsticks w/ Marinara Sauce	Enriched Pepperoni Pizza Classic Cheese Pizza
	Philly Cheesesteak Sub Breaded Chicken Waffle Sandwich Tater Tots	Breaded Chicken Sandwich Cheeseburger Mashed Potatoes w/ Gravy	Pepperoni Pizza Sub Boneless Chicken Wings w/ Dinner Roll Seasoned Peas & Carrots	Spicy Breaded Chicken Sandwich Bacon Cheeseburger Seasoned Green Beans	Fish Sticks w/ Mac n Cheese Breaded Mozzarella Sticks w/ Marinara Sauce Curly Fries Baked Beans
	<i>Pre-made Sandwiches w/ Toppings on the side</i> Available Daily: Variety of Meats, Cheeses, Homemade Whole Grain Bread, & Wraps, Vegetable Toppings, and Condiments				
AVAILABLE DAILY-FRUIT YOGURT PARFAITS & PB&J UNCRUSTABLES					
	Turkey, Ham, Egg, & Cheese Chef Salad Italian Chicken Pasta Salad w/ Breadstick	Turkey Chef Salad w/ 2 Dinner Rolls Italian Chicken & Cheese Wrap	Buffalo Popcorn Chicken Salad w/ 2 Dinner Rolls Hummus Combo	Ham Chef Salad w/ 2 Dinner Rolls Turkey, & Ham Sub	Italian Chicken Pasta Salad w/ Dinner Roll Buffalo Chicken Wrap
	Side Salad Cucumber Coins Assorted Veggies 100% Fruit Juice Assorted Fruit Fresh Pear	Baby Carrots Side Salad Assorted Veggies 100% Fruit Juice Fresh Apple Slices Assorted Fruit	Celery Sticks Side Salad Assorted Veggies 100% Fruit Juice Banana Assorted Fruit	Potato Salad Side Salad Assorted Veggies 100% Fruit Juice Orange Wedges Applesauce Assorted Fruit	Fresh Broccoli Florets Assorted Veggies Side Salad 100% Fruit Juice Assorted Fruit Sidekick Slushie

What's on the Menu?

Sparta High School Lunch Menu December 5th – 9th, 2022

MENU SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	Enriched Macaroni & Cheese-Plain or Tex-Mex Breadstick Seasoned Green Beans Baked Beans	Baked Potato Bar- Potato, Ham, Cheese, Bacon Cheese Filled Pretzels Broccoli w/ Cheese Sauce	Buffalo chicken Dip w/ Tortilla Chips Waffle Fries	Southwest Breakfast Bowl w/ Chorizo in a Flour Tortilla Tater Tots	Popcorn Chicken-Plain or Spicy Breadstick Mashed Potatoes w/ Gravy
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	Enriched Supreme Pizza	Classic Pepperoni Pizza	Italian Sausage Pizza	Classic Pepperoni Pizza	Italian Stromboli
	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Bosco Breadsticks w/ Marinara Sauce	Classic Cheese Pizza
	BBQ Pulled Pork Sandwich Breaded Chicken Sandwich Seasoned Green Beans Baked Beans	Chicken Tenders w/ Dinner Roll Cheeseburger Broccoli w/ Cheese Sauce	Mini Corn Dogs Spicy Breaded Chicken Sandwich Waffle Fries	Bacon Cheeseburger Meatball Sub Tater Tots	Crispy Chicken Club Sandwich Breaded Mozzarella Sticks w/ Marinara Sauce Mashed Potatoes w/ Gravy
	<i>Pre-made Sandwiches w/ Toppings on the side</i>				
	<i>Available Daily: Variety of Meats, Cheeses, Homemade Whole Grain Bread, & Wraps, Vegetable Toppings, and Condiments</i>				
AVAILABLE DAILY-FRUIT YOGURT PARFAITS & PB&J UNCRUSTABLES					
	Grilled Chicken Caesar Salad w/ 2 Dinner Rolls	Turkey Chef Salad w/ 2 Dinner Rolls	Popcorn Chicken Salad w/ 2 Dinner Rolls	Ham & Cheese Chef Salad w/ 2 Dinner Rolls	Breaded Chicken Salad w/ Dinner Roll
	Ham & Cheese Wrap	Turkey Ranch Wrap	Hummus Combo	Buffalo Chicken Wrap	Crispy Chicken Caesar Wrap
	Cherry Tomatoes Side Salad Assorted Veggies 100% Fruit Juice Assorted Fruit Fresh Pear	Baby Carrots Side Salad 100% Fruit Juice Assorted Fruit Red Seedless Grapes	Side Salad Mixed Peppers Assorted Veggies 100% Fruit Juice Banana Assorted Fruit	Potato Salad Side Salad Assorted Veggies 100% Fruit Juice Orange Wedges Applesauce Assorted Fruit	Fresh Broccoli Florets Assorted Veggies Side Salad 100% Fruit Juice Assorted Fruit Sidekick Slushie