

What's on the Menu?

Sparta High School Lunch Menu March 4th – 8th, 2024

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	Buffalo Chicken Dip W/ Tortilla Chips Oven Baked Fries	Salisbury Steak Side of Mac n Cheese Dinner Roll Mashed Potatoes W/ Gravy	Pasta Bar-Chicken Alfredo or Cajun Chicken Pasta Garlic Bread Seasoned Green Beans	Baked Potato Bar- Potato, Ham, Cheese, Bacon Pretzel Bites w/ Cheese Sauce BBQ Baked Beans Broccoli w/ Cheese Sauce	Chicken Fajita Bowl w/ Black Beans W/ Corn & Brown Rice Mexican Corn
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	Pepperoni & Sausage Pizza	Meat Lover's Pizza	Enriched Chicken Alfredo Pizza	Supreme Pizza	Classic Pepperoni Pizza
	Classic Cheese Pizza	Bosco Breadsticks w/ Marinara Sauce	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza
	Mini Corn Dogs Breaded Chicken Sandwich-Plain or Spicy Toasted Italian Sub Oven Baked Fries	Breaded Chicken Sandwich-Plain or Spicy Meatball Sub Chicken & Cheese Crispitos Mashed Potato W/ Gravy	Pork Carnitas Quesadilla's Breaded Chicken Sandwich-Plain or Spicy Cheeseburger Seasoned Green Beans	Bacon Cheeseburger Breaded Chicken Tenders-Plain or Spicy w/ Corn Muffin BBQ Riblet Sandwich BBQ Baked Beans	Plain or Spicy Breaded Chicken Sandwich Breaded Mozzarella Sticks Breaded Fish Sticks w/ Dinner Roll Mexican Corn
	Build Your Own Deli Sandwich				
	Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns & Wraps, Vegetable Toppings, and Condiments				
AVAILABLE DAILY-FRUIT YOGURT PARFAITS & PB&J UNCRUSTABLES					
	Grilled Chicken Caesar Salad w/ 2 Dinner Rolls	Strawberry Chicken Salad w/ 2 Dinner Roll	Turkey Chef Salad w/ 2 Dinner Rolls	Ham & Cheese Salad w/ 2 Dinner Rolls	Popcorn Chicken Salad- w/ 1 Dinner Roll
	Fruit Pizza-w/ Yogurt & String Cheese	Ham & Cheese Pinwheels	Hummus Combo	Veggie Pizza	Hummus Combo
	Side Salad Cucumber Coins Assorted Veggies 100% Fruit Juice Assorted Fruit Fresh Pear	Broccoli Florets Side Salads Assorted Veggies 100% Fruit Juice Fresh Apple Slices Red Seedless Grapes Assorted Fruit	Celery Sticks Mixed Peppers Side Salad Assorted Veggies 100% Fruit Juice Banana Assorted Fruit	Baby Carrots Side Salad Assorted Veggies 100% Fruit Juice Orange Wedges Applesauce Assorted Fruit	Side Salad Celery Sticks Fresh Veggies Fresh Apple Side Kick Slushies Assorted Fruit

What's on the Menu?

Sparta High School Lunch Menu March 11th – 15th, 2024

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	Spaghetti W/ Meatballs & Garlic Bread Seasoned Green Beans "Eat Your Noodles Day"	Grilled Chicken Gyro w/ Tzatziki Sauce on Flatbread Oven Baked Fries	Students Choice-Homemade Mac n Cheese w/ Pulled Pork or Popcorn Chicken BBQ Baked Beans	Breakfast Bowl-Sausage, Ham, Eggs, bacon, Cheese over a Biscuit Tater Tots PI Day	Wing on the Weekend Wings-BONELESS OR BONE IN w/ side of Mac n Cheese Potato Wedges
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	Italian Stromboli	Classic Pepperoni Pizza	Meat Lover's Pizza	Personal Pepperoni Pizza	Classic Pepperoni Pizza
	Bosco Breadsticks w/ Marinara	Classic Cheese Pizza	Classic Cheese Pizza	Bosco Breadsticks w/ Marinara Sauce	Veggie Pizza
	Cheeseburger Breaded Chicken Waffle Sandwich Teriyaki Beef Bites W/ Side Mac Seasoned Green Beans	Spicy or Regular Chicken Sandwich Sloppy Joe Cheeseburger Oven Baked Fries	Corn Dog Spicy or Plain Breaded Chicken Sandwich Buffalo Chicken Quesadilla BBQ Baked Beans	BBQ Brisket w/ Queso Tostada Chicken Sandwich-plain or Spicy Bacon Cheeseburger Tater Tots	Soft Pretzel Bites w/ Jalapeno Cheese Dip Breaded Chicken Sandwich-plain or Spicy Breaded Fish Sandwich Potato Wedges
	Build Your Own Deli Sandwich				
	Available Daily: Variety of Meats, Cheeses, Sub Buns, & Wraps, Vegetable Toppings, and Condiments				
AVAILABLE DAILY- FRUIT YOGURT PARFAITS & PB&J UNCRUSTABLES					
	Turkey Chef Salad w/ 2 Dinner Rolls	Breaded Chicken Salad w/ 1 Dinner Roll	Cobb-Egg & Cheese Salad w/ 2 Dinner Rolls	Ham & Cheese Chef Salad w/ 2 Dinner Rolls	Buffalo Popcorn Chicken Salad w/ 1 Dinner Roll
	Turkey Pesto Pinwheels	Hummus, Flatbread, & Veggies	Veggie Pizza	7 Layer Dip w/ Tortilla Chips	Hummus Combo
	Side Salad Cucumber Coins Assorted Veggies 100% Fruit Juice Assorted Fruit Fresh Pear	Baby Carrots Side Salad Assorted Veggies 100% Fruit Juice Fresh Apple Slices Red Seedless Assorted Fruit	Celery Sticks Side Salad Assorted Veggies 100% Fruit Juice Banana Assorted Fruit	Cherry Tomatoes Side Salad Assorted Veggies 100% Fruit Juice Orange Wedges Applesauce Assorted Fruit	Fresh Broccoli Florets Assorted Veggies Side Salad 100% Fruit Juice Assorted Fruit Sidekick Slushie

What's on the Menu?

Sparta High School Lunch Menu March 18th – 22nd, 2024

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	Popcorn Chicken w/ Choice of Orange Sauce or Sweet Thai Chili Sauce Fried Rice Egg Roll Seasoned Peas & Carrots	BBQ Pulled Pork or Beef Philly Steak TOTchos w/ Corn Bread Poppers BBQ Baked Beans Tater Tots	French Toast Sticks Scrambled Eggs w/ Bacon & Cheese Tater Tots	Enriched Beef Lasagna Garlic Bread Seasoned Green Beans	Soup & Sandwich- Chicken Noodle Soup or Broccoli Cheese Soup Toasted three Cheese Sandwich on a Pretzel Bun Curly Fries Water Day
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	Classic Pepperoni Pizza	Meat Lover's Flatbread	Classic Pepperoni Pizza	Supreme Pizza	Enriched Pepperoni & Sausage Pizza
	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Bosco Breadsticks w/ Marinara Sauce	Classic Cheese Pizza
	Cheeseburger Combo Breaded Mozzarella Sticks & Chicken Nuggets Grilled Chicken Sandwich with Bacon Seasoned Peas & Carrots	Breaded Chicken Sandwich-Plain or Spicy Mini Corn Dogs 2 Chicken & Cheese Crispitos BBQ Baked Beans	Cheeseburger Reuben-Turkey or Corned Beef BBQ Riblet Sandwich Tater Tots	Beef Philly Cheese Steak Sandwich Breaded Chicken Sandwich-Plain Or Spicy Bacon Cheeseburger Seasoned Green Beans	Chicken Tenders-Plain or Spicy w/ Mac n Cheese Fish Sticks W/ Side Mac n Cheese Chicken Parmesan Sandwich Curly Fries
	Build Your Own Deli Sandwich				
	Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, & Wraps, Vegetable Toppings, and Condiments				
AVAILABLE DAILY-FRUIT YOGURT PARFAITS & PB&J UNCRUSTABLES					
	Turkey, Ham, Egg, & Cheese Salad w/ 2 Dinner Rolls	Turkey Chef Salad w/ 2 Dinner Rolls	Buffalo Popcorn Chicken Salad w/ 1 Dinner Rolls	Ham Chef Salad w/ 2 Dinner Rolls	Breaded Chicken Salad w/ Dinner Roll
	Hummus Combo	Chicken Caesar Pasta Salad	Italian Pasta Salad	Flatbread Salami Pesto Sandwich	Turkey Pinwheels
	Side Salad Cucumber Coins Assorted Veggies 100% Fruit Juice Assorted Fruit Fresh Pear	Baby Carrots Side Salad Assorted Veggies 100% Fruit Juice Fresh Apple Slices	Celery Sticks Broccoli Salad Assorted Veggies 100% Fruit Juice Banana Assorted Fruit	Baby Carrots Side Salad Assorted Veggies 100% Fruit Juice Orange Wedges Applesauce Assorted Fruit	Fresh Broccoli Florets Assorted Veggies Side Salad 100% Fruit Juice Assorted Fruit Sidekick Slushie

What's on the Menu?

Sparta High School Lunch Menu March 25th – 29th, 2024

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
create	Breakfast for Lunch Waffles W/ Scrambled Eggs W/ Cheese & Sausage links Tater Tots International Waffle Day	Global Eats Roasted Jerk Chicken Drumstick Breaded Chicken Drumstick Rice Sofrito Mashed Potatoes w/ Gravy Spinach Day	Homemade Beef or Chicken Wet Burritos Mexican Rice Refried Beans w/ Cheese	No School	
sono	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
2mato	Supreme Pizza	Classic Pepperoni Pizza	Italian Sausage Pizza	Hawaiian Pizza	Personal Meat Lover's Pizza
	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Bosco Breadsticks w/ Marinara Sauce	Classic Cheese Pizza
grilled EXPRESS	Sloppy Joe Breaded Chicken Sandwich-plain or spicy Warm Soft Pretzel Bites w/ Cheese Dip Tater Tots	Meatball Parmesan Croissant Popcorn Chicken Mashed Potato Bowl w/ Hawaiian Roll Cheeseburger Mashed Potatoes w/ Gravy	Pepperoni Pizza Sub Breaded Chicken Sandwich-plain or spicy Mini Corn Dogs Seasoned Corn	No School	
	<div>SO DELI</div> <div>Build Your Own Deli Sandwich</div> <div>Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, & Wraps, Vegetable Toppings, and Condiments</div>				
AVAILABLE DAILY-FRUIT YOGURT PARFAITS & PB&J UNCRUSTABLES					
ON THE GO	Grilled Chicken Caesar Salad w/ 2 Dinner Rolls	Turkey Chef Salad w/ 2 Dinner Rolls	Popcorn Chicken Salad w/ 2 Dinner Rolls	No School	
	7 Layer Dip w/ Chips	Ham & Salami Pasta Salad	Hummus Combo		
extra extra	Cherry Tomatoes Side Salad 100% Fruit Juice Assorted Fruit Fresh Pear	Baby Carrots Side Salad 100% Fruit Juice Assorted Fruit Red Seedless Grapes	Mixed Peppers Assorted Veggies 100% Fruit Juice Banana Assorted Fruit	No School	