

# What's on the Menu?

Sparta High School Lunch Menu February 5<sup>th</sup> – 9<sup>th</sup>, 2024

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	Buffalo Chicken Dip W/ Tortilla Chips  <b>Oven Baked Fries</b>	Salisbury Steak W/ Macaroni & Cheese W/ Dinner Roll  <b>Mashed Potatoes W/ Gravy</b>	Chicken Alfredo W/ Garlic Bread  <b>Seasoned Green Beans</b> <b>National Fettuccine Alfredo Day</b>	<b>Baked Potato Bar-</b> Potato, Ham, Cheese, Bacon Bosco Breadsticks <b>BBQ Baked Beans</b> <b>Broccoli w/ Cheese Sauce</b> <b>National Potato Lovers Day</b>	Chicken Fajita Bowl w/ Black Beans W/ Corn & Brown Rice  <b>Tater Tots</b>  <b>National Pizza Day</b>
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	Pepperoni & Sausage Pizza	<b>Enriched</b> Chicken Alfredo Pizza	Meat Lover's Pizza	Supreme Pizza	Classic Pepperoni Pizza
	Classic Cheese Pizza	Bosco Breadsticks w/ Marinara Sauce	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza
	Mini Corn Dogs Spicy Crispy Chicken Sandwich Pepperoni Sub Oven Baked Fries	Breaded Chicken Sandwich-Plain or Spicy Meatball Sub <b>Mashed Potato W/ Gravy</b>	Pork Carnitas Quesadilla's Breaded Chicken Sandwich-Plain or Spicy Seasoned Green Beans	<b>Bacon Cheeseburger</b> Chicken Tenders Regular or Hot w/ Dinner Roll <b>Seasoned Broccoli W/ Cheese Sauce</b> BBQ Baked Beans	Plain or Spicy Breaded Chicken Sandwich BBQ Riblet Sandwich Tater Tots
	<b>Build Your Own Deli Sandwich</b>				
	<b>Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns &amp; Wraps, Vegetable Toppings, and Condiments</b>				
<b>AVAILABLE DAILY-FRUIT YOGURT PARFAITS &amp; PB&amp;J UNCRUSTABLES</b>					
	Grilled Chicken Caesar Salad w/ 2 Dinner Rolls	Italian Chicken Pasta Salad w/ Dinner Roll	Turkey Chef Salad w/ 2 Dinner Rolls	Ham & Cheese Salad w/ 2 Dinner Rolls	Popcorn Chicken Salad-w/ 1 Dinner Roll
	Fruit Pizza-w/ Yogurt & String Cheese	Ham & Cheese Pinwheels	Hummus Combo	Veggie Pizza	Red Hummus Combo
	Side Salad Cucumber Coins Assorted Veggies 100% Fruit Juice Assorted Fruit Fresh Pear	Broccoli Florets Side Salads Assorted Veggies 100% Fruit Juice Fresh Apple Slices Red Seedless Grapes Assorted Fruit	Celery Sticks Mixed Peppers Side Salad Assorted Veggies 100% Fruit Juice Banana Assorted Fruit	Baby Carrots Side Salad Assorted Veggies 100% Fruit Juice Orange Wedges Applesauce Assorted Fruit	Side Salad Celery Sticks Fresh Veggies Fresh Apple Side Kick Slushies Assorted Fruit

# What's on the Menu?

Sparta High School Lunch Menu February 12<sup>th</sup> – 16<sup>th</sup>, 2024

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	Chicken and Vegetable Dumplings W/ Fried Rice  <b>Oven Baked Fries</b>	Spaghetti W/ Meatballs & Garlic Bread <b>Seasoned Green Beans</b> <b>Mardi Gras Italian Food Day</b>	Beef Hot Dog Bar: Cheese, veggies, & toppings <b>Seasoned Corn BBQ Baked Beans</b> <b>Valentine's Day Count Day Ash Wednesday</b>	Breakfast Bowl- Chorizo Sausage, Ham, Eggs, bacon, Cheese in a tortilla  <b>Tater Tots</b>	Wings-BONELESS OR BONE IN w/ Breadstick Sauces-mild, sweet chili, buffalo, Nashville Hot  <b>Seasoned Broccoli W/ Cheese Sauce</b>
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	Italian Stromboli  Bosco Breadsticks w/ Marinara	Classic Pepperoni Pizza  Classic Cheese Pizza	Meat Lover's Pizza  Classic Cheese Pizza	Personal Pepperoni Pizza  Meat Lover's Stromboli	Classic Pepperoni Pizza  Veggie Pizza
	<b>Cheeseburger Breaded Chicken Waffle Sandwich</b> Teriyaki Beef Bites W/ Side Mac <b>Oven Baked Fries</b>	<b>Spicy or Regular Chicken Sandwich Breaded Mozzarella Sticks w/ Marinara Sauce</b> <b>Cheeseburger Seasoned Green Beans</b>	<b>Corn Dog Spicy or Plain Breaded Chicken Sandwich</b> Buffalo Chicken Quesadilla <b>Seasoned Corn BBQ Baked Beans</b>	<b>BBQ Brisket w/ Queso Tostada</b> Chicken Sandwich- plain or Spicy Soft Pretzel Bites w/ Jalapeno Cheese Dip <b>Tater Tots</b>	<b>Bacon Cheeseburger Breaded Chicken Sandwich-plain or Spicy</b> Breaded Fish Sandwich <b>Seasoned Broccoli W/ Cheese Sauce</b>
<b>SO DELI</b>	<i>Build Your Own Deli Sandwich</i> <b>Available Daily: Variety of Meats, Cheeses, Sub Buns, &amp; Wraps, Vegetable Toppings, and Condiments</b>				
<b>AVAILABLE DAILY- FRUIT YOGURT PARFAITS &amp; PB&amp;J UNCRUSTABLES</b>					
	Turkey Chef Salad w/ 2 Dinner Rolls  Turkey Pinwheels	Breaded Chicken Salad w/ 1 Dinner Roll  Hummus, Flatbread, & Veggies	Cobb-Egg & Cheese Salad w/ 2 Dinner Rolls  Veggie Pizza	Ham & Cheese Chef Salad w/ 2 Dinner Rolls  7 Layer Dip w/ Tortilla Chips	Buffalo Popcorn Chicken Salad w/ 1 Dinner Roll  Hummus Combo
	Side Salad Cucumber Coins Assorted Veggies 100% Fruit Juice Assorted Fruit Fresh Pear	Baby Carrots Side Salad Assorted Veggies 100% Fruit Juice Fresh Apple Slices Red Seedless Assorted Fruit	Celery Sticks Side Salad Assorted Veggies 100% Fruit Juice Banana Assorted Fruit	Cherry Tomatoes Side Salad Assorted Veggies 100% Fruit Juice Orange Wedges Applesauce Assorted Fruit	Fresh Broccoli Florets Assorted Veggies Side Salad 100% Fruit Juice Assorted Fruit Sidekick Slushie

# What's on the Menu?

Sparta High School Lunch Menu February 19<sup>th</sup> – 23<sup>rd</sup>, 2024

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	Mid Winter Break	Mid Winter Break	French Toast Sticks Scrambled Eggs w/ Bacon & Cheese  Tater Tots	Sandwich Slider Bar: Shredded Pork or Shredded Chicken  Seasoned Corn	<b>Soup &amp; Sandwich-</b> Chicken Noodle Soup or Broccoli Cheese Soup Toasted three Cheese Sandwich on a Pretzel Bun Curly Fries
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	Mid Winter Break	Mid Winter Break	Classic Pepperoni Pizza  Classic Cheese Pizza	Supreme Pizza  Bosco Breadsticks w/ Marinara Sauce	Enriched Pepperoni & Sausage Pizza  Classic Cheese Pizza
	Mid Winter Break	Mid Winter Break	Cheeseburger Breaded Chicken Waffle Sandwich BBQ Riblet Sandwich Tater Tots	Beef Philly Cheese Steak Sandwich Breaded Chicken Sandwich-Plain Or Spicy Bacon Cheeseburger Seasoned Corn	Chicken Tenders-Plain or Spicy w/ Mac n Chees Fish Sticks W/ Side Mac Cheeseburger Curly Fries
	<i>Build Your Own Deli Sandwich</i> <b>Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, &amp; Wraps, Vegetable Toppings, and Condiments</b>				
<b>AVAILABLE DAILY-FRUIT YOGURT PARFAITS &amp; PB&amp;J UNCRUSTABLES</b>					
	Mid Winter Break	Mid Winter Break	Buffalo Popcorn Chicken Salad w/ 1 Dinner Rolls  Italian Pasta Salad	Ham Chef Salad w/ 2 Dinner Rolls  Flatbread Salami Pesto Sandwich	Breaded Chicken Salad w/ Dinner Roll  Turkey Pinwheels
	Mid Winter Break	Mid Winter Break	Celery Sticks Sesame Broccoli Side Salad Assorted Veggies 100% Fruit Juice Banana Assorted Fruit	Baby Carrots Side Salad Assorted Veggies 100% Fruit Juice Orange Wedges Applesauce Assorted Fruit	Fresh Broccoli Florets Assorted Veggies Side Salad 100% Fruit Juice Assorted Fruit Sidekick Slushie

# What's on the Menu?

Sparta High School Lunch Menu February 26<sup>th</sup> – March 1<sup>st</sup>, 2024

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Breakfast for Lunch</b> Waffles W/ Scrambled Eggs W/ Cheese & Sausage links  <b>Tater Tots</b>	Breaded Chicken Drumstick w/ Corn muffin Apple Crisp  <b>Mashed Potatoes w/ Gravy</b>	Mac n Cheese-Plain or Tex-Mex Warm Pretzel bites  <b>Seasoned Corn BBQ Baked Beans</b>	Popcorn Orange Sauce Chicken W/ Fried Rice  <b>Seasoned Peas &amp; Carrots</b>	BBQ Pulled Pork TOTchos w/ Tortilla Chips or Flour Tortilla  <b>Oven Baked Fries</b>
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	Supreme Pizza  Classic Cheese Pizza	Classic Pepperoni Pizza  Classic Cheese Pizza	Italian Sausage Pizza  Classic Cheese Pizza	Hawaiian Pizza  Bosco Breadsticks w/ Marinara Sauce	Personal Meat Lover's Pizza  Classic Cheese Pizza
	Sloppy Joe Breaded Chicken Sandwich-plain or spicy Warm Soft Pretzel Bites w/ Cheese Dip  <b>Tater Tots</b>	Meatball Parmesan Croissant Popcorn Chicken Mashed Potato Bowl w/ Hawaiian Roll Cheeseburger <b>Mashed Potatoes w/ Gravy</b>	BBQ Pulled Pork Cheese Roasted Peppers on Ciabatta Bread Breaded Chicken Sandwich-plain or spicy <b>Seasoned Corn BBQ Baked Beans</b>	Bacon Cheeseburger Breaded Chicken Sandwich-plain or spicy 2 Chicken & Cheese Crisпитos <b>Seasoned Peas &amp; Carrots</b>	Mini Corn Dogs Breaded Mozzarella Sticks w/ Marinara Sauce Pepperoni & Cheese Pizza Sub <b>Oven Baked Fries</b>
	<p align="center"><b>Build Your Own Deli Sandwich</b></p> <p align="center"><b>Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, &amp; Wraps, Vegetable Toppings, and Condiments</b></p>				
<p align="center"><b>AVAILABLE DAILY-FRUIT YOGURT PARFAITS &amp; PB&amp;J UNCRUSTABLES</b></p>					
	Grilled Chicken Caesar Salad w/ 2 Dinner Rolls  7 Layer Dip w/ Chips	Turkey Chef Salad w/ 2 Dinner Rolls  Ham & Salami Pasta Salad	Popcorn Chicken Salad w/ 2 Dinner Rolls  Hummus Combo	Ham & Cheese Chef Salad w/ 2 Dinner Rolls  Veggie Pizza	Breaded Chicken Salad w/ Dinner Roll  Tuna Pasta Salad
	Cherry Tomatoes Side Salad 100% Fruit Juice Assorted Fruit Fresh Pear	Baby Carrots Side Salad 100% Fruit Juice Assorted Fruit Red Seedless Grapes	<b>Cucumber Salad</b> Mixed Peppers Assorted Veggies 100% Fruit Juice Banana Assorted Fruit	Cucumbers Side Salad Assorted Veggies 100% Fruit Juice Orange Wedges Applesauce Assorted Fruit	Fresh Broccoli Florets Assorted Veggies Side Salad 100% Fruit Juice Assorted Fruit Sidekick Slushie