

What's on the Menu?

Sparta High School Lunch Menu August 21st – 25th, 2023

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE



	Monday	Tuesday	Wednesday	Thursday	Friday
	Popcorn Chicken-plain or spicy Side of Mac n Cheese Curly Fries Baked Beans	Baked Potato Bar- Potato, Ham, Cheese, Bacon 2 Soft Pretzels w/ Cheese Sauce Broccoli w/ Cheese Sauce	Burger Bar: Cheese, Bacon, Chili, Assorted Veggies Corn On the Cob	Waffle W/ Sausage Links & Scrambled Eggs W/ Cheese Tater Tot National Waffle Day	Enriched Spaghetti W/ Meat Sauce Garlic Bread Seasoned Green Beans
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	Enriched Chicken, Bacon, Ranch Pizza	Pepperoni & Sausage Pizza	Meat Lover's Pizza	Supreme Pizza	Classic Pepperoni Pizza
	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Bosco Breadsticks w/ Marinara Sauce	Classic Cheese Pizza
	Mini Corn Dogs Spicy Crispy Chicken Sandwich Curly Fries Baked Beans	Cheeseburger Pizza Sub Broccoli w/ Cheese Sauce	BBQ Pulled Pork Sandwich Breaded Chicken Club Sandwich Corn on the Cob	Chicken Nuggets w/ Dinner Roll Bacon Cheeseburger Tater Tots	Plain or Spicy Breaded Chicken Sandwich BBQ Riblet Sandwich Seasoned Green Beans
	Build Your Own Deli Sandwich				
	Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns & Wraps, Vegetable Toppings, and Condiments				
	AVAILABLE DAILY-FRUIT YOGURT PARFAITS & PB&J UNCRUSTABLES				
	Italian Chicken Pasta Salad w/ Dinner Roll	Grilled Chicken Caesar Salad w/ 2 Dinner Rolls	Turkey Chef Salad w/ 2 Dinner Rolls	Ham & Cheese Salad w/ 2 Dinner Rolls	Popcorn Chicken Salad w/ 1 Dinner Roll
	Breaded Chicken Caesar Wrap	Turkey, Bacon, Ranch Wrap	Hummus Combo	Buffalo Chicken Wrap	Salami, Ham, & Cheese Italian Wrap
	Side Salad Cucumber Coins Assorted Veggies 100% Fruit Juice Assorted Fruit Fresh Pear	Broccoli Florets Side Salads Assorted Veggies 100% Fruit Juice Fresh Apple Slices Red Seedless Grapes Assorted Fruit	Celery Sticks Mixed Peppers Side Salad Assorted Veggies 100% Fruit Juice Banana Assorted Fruit	Baby Carrots Side Salad Assorted Veggies 100% Fruit Juice Orange Wedges Applesauce Assorted Fruit	Side Salad Celery Sticks Assorted Fresh Veggies Fresh Apple Side Kick Slushies Assorted Fruit

What's on the Menu?

Sparta High School Lunch Menu August 28th – September 1st, 2023

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	Macaroni & Cheese- Plain or Tex-Mex Warm Soft Pretzel Roasted Green Beans	Beef Hot Dog Bar: Assorted Cheese, veggies, & toppings BBQ Baked Beans Curly Fries	Breakfast for Lunch 2 Pancakes Scrambled Eggs W/ Cheese & Sausage links Tater Tots	Wing on the Weekend!! Bone in or Boneless Wings w/ Breadstick Sauces-mild, sweet chili, buffalo, Nashville Hot Seasoned Corn	No School
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	Italian Stromboli Bosco Breadsticks w/ Marinara	Classic Pepperoni Pizza Classic Cheese Pizza	Enriched Meat Lover's Pizza Classic Cheese Pizza	Personal Pepperoni Pizza Meat Lover's Stromboli	No School
	Chicken Tenders plain or Spicy w/ Side of Mac n Cheese Spicy Crispy Chicken Sandwich Cheeseburger Roasted Green Beans	Grilled Chicken Sandwich on a Pretzel Bun Breaded Mozzarella Sticks w/ Marinara Sauce BBQ Baked Beans Curly Fries	Corn Dog Spicy or Plain Breaded Chicken Sandwich Tater Tots	Chicken & Cheese Crispitos Soft Pretzel Bites w/ Jalapeno Cheese Dip Seasoned Corn	No School
SO DELI	<i>Build Your Own Deli Sandwich</i> Available Daily: Variety of Meats, Cheeses, Sub Buns, & Wraps, Vegetable Toppings, and Condiments				
AVAILABLE DAILY- FRUIT YOGURT PARFAITS & PB&J UNCRUSTABLES					
	Turkey Chef Salad w/ 2 Dinner Rolls Breaded Chicken Caesar Wrap	Breaded Chicken Salad w/ 1 Dinner Roll Italian Pasta Salad w/ Ham & Salami	Cobb-Egg & Cheese Salad w/ 2 Dinner Rolls Turkey, Bacon, Ranch Wrap	Ham & Cheese Chef Salad w/ 2 Dinner Rolls Honey Mustard Breaded Chicken Wrap	No School
	Side Salad Cucumber Coins Assorted Veggies 100% Fruit Juice Assorted Fruit Fresh Pear	Baby Carrots Side Salad Assorted Veggies 100% Fruit Juice Fresh Apple Slices Red Seedless Grapes Assorted Fruit	Celery Sticks Side Salad Assorted Veggies 100% Fruit Juice Banana Assorted Fruit	Cherry Tomatoes Side Salad Assorted Veggies 100% Fruit Juice Orange Wedges Applesauce Assorted Fruit	No School

What's on the Menu?

Sparta High School Lunch Menu September 4th – 8th, 2023

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	No School	Chicken & Vegetable Dumplings Fried Rice Mashed Potatoes W/ Gravy	Beef Lasagna W/ Rotini Noodles Garlic Bread Seasoned Peas & Carrots	Buffalo chicken Dip w/ Tortilla Chips Curly Fries	Chicken Fajita Bowl w/ Black Beans W/ Corn & Brown Rice Sautéed Peppers & Onions Seasoned Mixed Veggies
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	No School	Meat Lover's Flatbread Classic Cheese Pizza	Classic Pepperoni Pizza Classic Cheese Pizza	Supreme Pizza Bosco Breadsticks w/ Marinara Sauce	Enriched Pepperoni & Sausage Pizza Classic Cheese Pizza
	No School	Spicy Breaded Chicken Sandwich Cheeseburger Mashed Potatoes W/ Gravy	Beef Riblet Sandwich Breaded Mozzarella Sticks w/ Marinara Sauce Seasoned Peas & Carrots	Beef Philly Cheese Steak Sandwich Breaded Chicken Sandwich Bacon Cheeseburger Curly Fries	Chicken Tenders-Plain or Spicy w/ Mac n Cheese Breaded Fish Sandwich Seasoned Mixed Veggies
	<i>Build Your Own Deli Sandwich</i> <i>Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, & Wraps, Vegetable Toppings, and Condiments</i>				
AVAILABLE DAILY-FRUIT YOGURT PARFAITS & PB&J UNCRUSTABLES					
	No School	Turkey Chef Salad w/ 2 Dinner Rolls Italian Chicken & Cheese Wrap	Buffalo Popcorn Chicken Salad w/ 1 Dinner Rolls Buffalo Chicken Wrap	Ham Chef Salad w/ 2 Dinner Rolls Turkey, & Ham Sub	Breaded Chicken Salad w/ Dinner Roll Turkey Pesto Wrap
	No School	Baby Carrots Side Salad Assorted Veggies 100% Fruit Juice Fresh Apple Slices Assorted Fruit	Celery Sticks Side Salad Assorted Veggies 100% Fruit Juice Banana Assorted Fruit	Baby Carrots Side Salad Assorted Veggies 100% Fruit Juice Orange Wedges Applesauce Assorted Fruit	Fresh Broccoli Florets Assorted Veggies Side Salad 100% Fruit Juice Assorted Fruit Sidekick Slushie

What's on the Menu?

Sparta High School Lunch Menu September 11th – 15th, 2023

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	Potato Pierogis W/ Homemade Cheese Sause Oven Baked Fries BBQ Baked Beans	Southwest Breakfast Bowl w/ Chorizo in a Flour Tortilla Tater Tots	Sweet Thai Chili Popcorn Chicken Fried Rice Egg Roll Seasoned Peas & Carrots	Enriched Chicken Alfredo Pasta Garlic Breadstick Seasoned Broccoli w/ Cheese Sauce	Breaded Chicken Drumstick w/ Cornbread Apple Crisp Mashed Potatoes w/ Gravy
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	Enriched Supreme Pizza	Classic Pepperoni Pizza	Italian Sausage Pizza	Chicken Alfredo Pizza	Personal Meat Lover's Pizza
	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Bosco Breadsticks w/ Marinara Sauce	Classic Cheese Pizza
	Sloppy Joe Breaded Chicken Sandwich Oven Baked Fries BBQ Baked Beans	Chicken Tenders-Plan or Spicy w/ Dinner Roll Cheeseburger Tater Tots	Mini Corn Dogs Spicy Breaded Chicken Sandwich Seasoned Peas & Carrots	Bacon Cheeseburger 2 Chicken & Cheese Crispitos Seasoned Broccoli W/ Cheese Sauce	Grilled Chicken Sandwich on a Ciabatta Roll Teriyaki Beef Dippers W/ Side of Mac n Cheese Mashed Potatoes w/ Gravy
	<i>Build Your Own Deli Sandwich</i>				
	<i>Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, & Wraps, Vegetable Toppings, and Condiments</i>				
AVAILABLE DAILY-FRUIT YOGURT PARFAITS & PB&J UNCRUSTABLES					
	Grilled Chicken Caesar Salad w/ 2 Dinner Rolls	Turkey Chef Salad w/ 2 Dinner Rolls	Popcorn Chicken Salad w/ 2 Dinner Rolls	Ham & Cheese Chef Salad w/ 2 Dinner Rolls	Breaded Chicken Salad w/ Dinner Roll
	Ham & Cheese Wrap	Ham & Salami Pasta Salad	Hummus Combo	Buffalo Chicken Wrap	Tuna Pasta Salad
	Cherry Tomatoes Side Salad Assorted Veggies 100% Fruit Juice Assorted Fruit Fresh Pear	Baby Carrots Side Salad 100% Fruit Juice Assorted Fruit Red Seedless Grapes	Side Salad Mixed Peppers Assorted Veggies 100% Fruit Juice Banana Assorted Fruit	Cucumbers Side Salad Assorted Veggies 100% Fruit Juice Orange Wedges Applesauce Assorted Fruit	Fresh Broccoli Florets Assorted Veggies Side Salad 100% Fruit Juice Assorted Fruit Sidekick Slushie