

# What's on the Menu?

## Sparta Area Schools Elementary Breakfast Menu September 18<sup>th</sup> – October 13<sup>th</sup>, 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2oz Cinnamon Toast Crunch RS Cereal</b>  100% Fruit Juice Assorted Fruit  <b>SEPT. 18</b>	<b>Chocolate Chip Ultimate Breakfast Round</b>  100% Fruit Juice Apple Slices  <b>SEPT. 19</b>	<b>Mini Berry French Toast</b>  100% Fruit Juice Assorted Fruit  <b>SEPT. 20</b>	<b>Lucky Charms Cereal String Cheese</b>  100% Fruit Juice Cinnamon Applesauce  <b>SEPT. 21</b>	<b>2oz Peach Cheerios Cereal Bar</b>  100% Fruit Juice Assorted Fruit  <b>SEPT. 22</b>
<b>2oz Honey Cheerios Cereal</b>  100% Fruit Juice Assorted Fruit  <b>SEPT. 25</b>	<b>Trix Cereal Bar Go-Gurt</b>  100% Fruit Juice Grapes  <b>SEPT. 26</b>	<b>Mini Confetti Pancakes</b>  100% Fruit Juice Assorted Fruit  <b>SEPT. 27</b>	<b>Strawberry Pop-Tart Cheese Cubes</b>  100% Fruit Juice Diced Peach Cup  <b>SEPT. 28</b>	<b>Frosted Flakes Cereal Chocolate Muffin</b>  100% Fruit Juice Assorted Fruit  <b>SEPT. 29</b>
<b>Strawberry NutriGrain Bar String Cheese</b>  100% Fruit Juice Assorted Fruit  <b>OCT. 2</b>	<b>Cocoa Puffs Cereal Yogurt</b>  100% Fruit Juice Craisins  <b>OCT. 3</b>	<b>Apple Frudel</b>  100% Fruit Juice Assorted Fruit  <b>OCT. 4</b>	<b>2oz Cinnamon Toast Crunch Cereal Bar</b>  Clementine's 100% Fruit Juice  <b>OCT. 5</b>	<b>Fudge Pop-Tart String Cheese</b>  100% Fruit Juice Assorted Fruit  <b>OCT. 6</b>
<b>Banana Chocolate Chunk Benefit Bar</b>  100% Fruit Juice Assorted Fruit  <b>OCT. 9</b>	<b>Golden Graham Cereal Trix Yogurt</b>  100% Fruit Juice Mixed Fruit Applesauce Cups  <b>OCT. 10</b>	<b>Mini Blueberry Waffles</b>  100% Fruit Juice Assorted Fruit  <b>OCT. 11</b>	<b>Crunchmaina French Toast Bites</b>  100% Fruit Juice Craisins  <b>OCT. 12</b>	<b>Trix Cereal Cheese Cubes</b>  100% Fruit Juice Assorted Fruit  <b>OCT. 13</b>

**BREAKFAST:** A full student Breakfast includes a choice of entrée supplying grain and or protein, one cup fruit side dish, and/or 100% Fruit Juice, and choice of White Low-fat Milk or white skim Milk. **ALL STUDENTS WILL RECEIVE FREE BREAKFAST FOR THE 2023-24 SCHOOL YEAR.** Questions or concerns please contact the Food Service Director Melissa Alley at [Melissa.alley@spartaschools.org](mailto:Melissa.alley@spartaschools.org) OR 616-887-1744

**MENU SUBJECT TO CHANGE**

**This institution is an equal opportunity provide.**