

What's on the Menu?

ECC Lunch Menu September 18th – October 13th, 2023

MENU IS SUBJECT TO CHANGE

Monday	Tuesday	Wednesday	Thursday	Friday
Mini Corn Dogs 1% LF White Milk Oven Baked Fries Assorted Fruit & Veggies GSRP/TUITION 1 & 2/ECSE SEPT. 18	Beef Walking Taco 1% LF White Milk Refried Beans W/ Cheese Assorted Juice & Veggie GSRP/TUITION 1 & 2/ECSE SEPT. 19	Personal Pepperoni Pizza 1% LF White Milk Seasoned Corn Assorted Fruit & Veggie GSRP/TUITION 1 & 2/ECSE SEPT. 20	1 Waffle w/ Scrambled Eggs w/ Cheese 1% LF White Milk Tater Tots Assorted Juice & Veggies GSRP/TUITION 1 & 2/ECSE SEPT. 21	Bosco Breadsticks w/ Marinara Sauce 1% LF White Milk Mashed Potatoes w/ Gravy Assorted Fruit & Veggies DAYCARE ONLY SEPT. 22
Breaded Chicken Sandwich 1% LF White Milk Curly Fries Assorted Fruit & Veggies GSRP/TUITION 1 & 2/ECSE SEPT. 25	1 Pancake w/ Scrambled Eggs w/ Cheese 1% LF White Milk Tater Tots Assorted Juice & Veggies GSRP/TUITION 1 & 2/ECSE SEPT. 26	Spaghetti w/ Meat Sauce 1% LF White Milk Seasoned Green Beans Assorted Fruit & Veggies ECSE & GSRP/TUITION 1 & 2/ECSE SEPT. 27	Popcorn Chicken 1% LF White Milk Mashed Potatoes W/ Gravy Assorted Juice & Veggies GSRP/TUITION 1 & 2/ECSE SEPT. 28	Beef Nachos 1% LF White Milk Refried Beans w/ Cheese Assorted Fruit & Veggies DAYCARE ONLY SEPT. 29
Cheese Pizza Crunchers 1% LF White Milk Seasoned Corn Assorted Juice & Veggies GSRP/TUITION 1 & 2/ECSE OCT. 2	French Toast Sticks w/ Scrambled eggs w/ Cheese 1% LF White Milk Tater Tots Assorted Fruit & Veggies GSRP/TUITION 1 & 2/ECSE OCT. 3	Chicken Soft Shell Taco 1% LF White Milk Refried Beans W/ Cheese Assorted Fruit & Veggies GSRP/TUITION 1 & 2/ECSE OCT. 4	Chicken Nuggets W/ Dinner Roll 1% LF White Milk Smile Fries Assorted Juice & Veggies GSRP/TUITION 1 & 2/ECSE OCT. 5	Macaroni & Cheese W/ Pretzel Rod 1% LF White Milk Seasoned Green Beans Assorted Juice & Veggie DAYCARE ONLY OCT. 6
Cheeseburger 1% LF White Milk Potato Wedges Assorted Fruit & Veggies GSRP/TUITION 1 & 2/ECSE OCT. 9	Muffin Fun Lunch 1% LF White Milk Assorted Fruit & Veggies GSRP/ TUITION 1 & 2/ECSE OCT. 10	Hot Dog 1% LF White Milk BBQ Baked Beans Assorted Juice & Veggies GSRP/TUITION 1 & 2/ECSE OCT. 11	Popcorn Chicken 1% LF White Milk Seasoned Peas & Carrots Assorted Juice & Veggies GSRP/TUITION 1 & 2/ECSE OCT. 12	Chicken Alfredo Pasta 1% LF White Milk Seasoned Broccoli w/ Cheese Assorted Fruit & Veggies DAYCARE ONLY OCT. 13
Lunch will consist of an Entrée providing grain & protein, hot veggie, assorted juice or Fruit, fresh veggie, & White Milk. Menu is subject to change. Questions & concerns please contact Melissa Alley at Melissa.alley@spartaschools.org				
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