

What's on the Menu?

ECC Breakfast Menu September 18th – October 13th, 2023

Monday	Tuesday	Wednesday	Thursday	Friday
Cinnamon Toast Crunch RS Cereal 1% LF White Milk 100% Assorted Fruit Juice GSRP/TUITION 1 & 2/ECSE SEPT. 18	Apple Cinnamon Cheerios String Cheese 1% LF White Milk Apple Slices GSRP/TUITION 1 & 2/ECSE SEPT. 19	Cinnamon Chex Cereal 1% LF White Milk 100% Fruit Juice GSRP/TUITION 1 & 2/ECSE SEPT. 20	Mini Blueberry Waffles 1% LF White Milk Banana GSRP/TUITION 1 & 2/ECSE SEPT. 21	Bagel w/ Cream Cheese 1% LF White Milk 100% Fruit Juice DAYCARE ONLY SEPT. 22
Blueberry Chex Cereal-2z 1% LF White Milk 100% Assorted Fruit Juice GSRP/TUITION 1 & 2/ECSE SEPT. 25	Honey Cheerios Cereal Strawberry Banana Yogurt 1% LF White Milk Grapes GSRP/TUITION 1 & 2/ECSE SEPT. 26	Kix Cereal String Cheese 1% LF White Milk 100 % Assorted Fruit Juice GSRP/TUITION 1 & 2/ECSE SEPT. 27	Mini Confetti Pancakes 1% LF White Milk Diced Peach Cup GSRP/TUITION 1 & 2/ECSE SEPT. 28	Frosted Flakes RS Cereal Cheese Cubes 1% LF White Milk 100% Assorted Fruit Juice DAYCARE ONLY SEPT. 29
Trix Cereal RS 1% LF White Milk 100% Fruit Juice GSRP/TUITION 1 & 2/ECSE OCT. 2	Cheerios Cereal Peach Yogurt 1% LF White Milk Fresh Pear GSRP/TUITION 1 & 2/ECSE OCT. 3	Cinnamon Toast Crunch RS Cereal 1% LF White Milk 100% Assorted Fruit Juice GSRP/TUITION 1 & 2/ECSE OCT. 4	Egg & Cheese Breakfast Bagel IW 1% LF White Milk 2 Clementine GSRP/TUITION 1 & 2/ECSE OCT. 5	Rice Chex Cereal String Cheese 1% LF White Milk 100% Assorted Fruit Juice DAYCARE ONLY OCT. 6
Frosted Flakes RS Cereal 1% LF White Milk 100% Assorted Fruit Juice GSRP/TUITION 1 & 2/ECSE OCT. 9	Kix Cereal Trix Yogurt 1% LF White Milk Mixed Fruit Applesauce Cup GSRP/TUITION 1 & 2/ECSE OCT. 10	Bagel w/ Strawberry Cream Cheese 1% LF White Milk 100% Assorted Fruit Juice GSRP/TUITION 1 & 2/ECSE OCT. 11	Mini Cinnamon French Toast 1% LF White Milk Craisins GSRP/TUITION 1 & 2/ECSE OCT. 12	Honey Cheerios Cereal String Cheese 1% LF White Milk 100% Assorted Fruit Juice DAYCARE ONLY OCT. 13

BREAKFAST: A full preschool breakfast includes a choice of entree supplying grain and/or protein, one fruit side dish and milk. Milk choice includes 1% low-fat white Milk. ALL STUDENTS PreK-12th Grade WILL RECEIVE FREE BREAKFAST UNTIL MAY 31, 2023. Questions or concerns please contact the Food Service Director Melissa Alley at Melissa.alley@spartaschools.org.

MENU SUBJECT TO CHANGE

This institution is an equal opportunity provide.