

# What's on the Menu?

## ECC Breakfast Menu November 13<sup>th</sup> – December 8<sup>th</sup>, 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Cinnamon Toast Crunch RS Cereal</b>  1% LF White Milk 100% Assorted Fruit Juice <b>GSRP/TUITION 1 &amp; 2/ECSE</b> <b>NOV. 13</b>	<b>Apple Cinnamon Cheerios String Cheese</b>  1% LF White Milk Apple Slices <b>GSRP/TUITION 1 &amp; 2/ECSE</b> <b>NOV. 14</b>	<b>Cinnamon Chex Cereal</b>  1% LF White Milk 100% Fruit Juice <b>GSRP/TUITION 1 &amp; 2/ECSE</b> <b>NOV. 15</b>	<b>Mini Maple Waffles</b>  1% LF White Milk Banana <b>GSRP/TUITION 1 &amp; 2/ECSE</b> <b>NOV. 16</b>	<b>Bagel w/ Cream Cheese</b>  1% LF White Milk 100% Fruit Juice <b>DAYCARE ONLY</b> <b>NOV. 17</b>
<b>Blueberry Chex Cereal-2z</b>  1% LF White Milk 100% Assorted Fruit Juice <b>GSRP/TUITION 1 &amp; 2/ECSE</b> <b>NOV. 20</b>	<b>Mini Confetti Pancakes</b>  1% LF White Milk Grapes <b>GSRP/TUITION 1 &amp; 2/ECSE</b> <b>NOV. 21</b>	<b>No School Thanksgiving Break</b>   <b>NOV. 22</b>	<b>No School Thanksgiving Break</b>   <b>NOV. 23</b>	<b>No School Thanksgiving Break</b>   <b>NOV. 24</b>
<b>Trix Cereal RS</b>  1% LF White Milk 100% Fruit Juice <b>GSRP/TUITION 1 &amp; 2/ECSE</b> <b>NOV. 27</b>	<b>Cheerios Cereal Peach Yogurt</b>  1% LF White Milk Fresh Pear <b>GSRP/TUITION 1 &amp; 2/ECSE</b> <b>NOV. 28</b>	<b>Cinnamon Toast Crunch RS Cereal</b>  1% LF White Milk 100% Assorted Fruit Juice <b>GSRP/TUITION 1 &amp; 2/ECSE</b> <b>NOV. 29</b>	<b>IW Breakfast Pizza</b>  1% LF White Milk 2 Clementine <b>GSRP/TUITION 1 &amp; 2/ECSE</b> <b>NOV. 30</b>	<b>Rice Chex Cereal String Cheese</b>  1% LF White Milk 100% Assorted Fruit Juice <b>DAYCARE ONLY</b> <b>DEC. 1</b>
<b>Frosted Flakes RS Cereal</b>  1% LF White Milk 100% Assorted Fruit Juice <b>GSRP/TUITION 1 &amp; 2/ECSE</b> <b>DEC. 4</b>	<b>Kix Cereal Trix Yogurt</b>  1% LF White Milk Mixed Fruit Applesauce Cup <b>GSRP/TUITION 1 &amp; 2/ECSE</b> <b>DEC. 5</b>	<b>Bagel w/ Strawberry Cream Cheese</b>  1% LF White Milk 100% Assorted Fruit Juice <b>GSRP/TUITION 1 &amp; 2/ECSE</b> <b>DEC. 6</b>	<b>Mini Cinnamon French Toast</b>  1% LF White Milk Craisins <b>GSRP/TUITION 1 &amp; 2/ECSE</b> <b>DEC. 7</b>	<b>Honey Cheerios Cereal String Cheese</b>  1% LF White Milk 100% Assorted Fruit Juice <b>DAYCARE ONLY</b> <b>DEC. 8</b>

**BREAKFAST:** A full preschool breakfast includes a choice of entree supplying grain and/or protein, one fruit side dish and milk. Milk choice includes 1% low-fat white Milk. **ALL STUDENTS PreK-12<sup>th</sup> Grade WILL RECEIVE FREE BREAKFAST UNTIL MAY 31, 2023.** Questions or concerns please contact the Food Service Director Melissa Alley at [Melissa.alley@spartaschools.org](mailto:Melissa.alley@spartaschools.org).

**MENU SUBJECT TO CHANGE**

**This institution is an equal opportunity provide.**