

What's on the Menu?

ECC Breakfast Menu August 21st – September 15th, 2023

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|---|---|
| <p>Cinnamon Toast Crunch RS Cereal</p> <p>1% LF White Milk 100% Assorted Fruit Juice</p> <p>ECSE & DAYCARE</p> <p>AUG. 21</p> | <p>Apple Cinnamon Cheerios String Cheese</p> <p>1% LF White Milk Apple Slices</p> <p>ECSE & DAYCARE</p> <p>AUG. 22</p> | <p>Cinnamon Chex Cereal</p> <p>1% LF White Milk 100% Fruit Juice</p> <p>ECSE & DAYCARE</p> <p>AUG. 23</p> | <p>Mini Blueberry Waffles</p> <p>1% LF White Milk Banana</p> <p>ECSE & DAYCARE</p> <p>AUG. 24</p> | <p>Bagel w/ Cream Cheese</p> <p>1% LF White Milk 100% Fruit Juice</p> <p>DAYCARE ONLY</p> <p>AUG. 25</p> |
| <p>Blueberry Chex Cereal-2z</p> <p>1% LF White Milk 100% Assorted Fruit Juice</p> <p>ECSE & DAYCARE</p> <p>AUG. 28</p> | <p>Honey Cheerios Cereal Strawberry Banana Yogurt</p> <p>1% LF White Milk Grapes</p> <p>ECSE & DAYCARE</p> <p>AUG. 29</p> | <p>Kix Cereal String Cheese</p> <p>1% LF White Milk 100 % Assorted Fruit Juice</p> <p>ECSE & DAYCARE</p> <p>AUG. 30</p> | <p>Mini Confetti Pancakes</p> <p>1% LF White Milk Diced Peach Cup</p> <p>ECSE & DAYCARE</p> <p>AUG. 31</p> | <p>No School</p> <p>SEPT. 1</p> |
| <p>No School</p> <p>SEPT. 4</p> | <p>Cheerios Cereal Peach Yogurt</p> <p>1% LF White Milk Fresh Pear</p> <p>ECSE & DAYCARE</p> <p>SEPT. 5</p> | <p>Cinnamon Toast Crunch RS Cereal</p> <p>1% LF White Milk 100% Assorted Fruit Juice</p> <p>ECSE & DAYCARE</p> <p>SEPT. 6</p> | <p>Egg & Cheese Breakfast Bagel IW</p> <p>1% LF White Milk 2 Clementine</p> <p>ECSE & DAYCARE</p> <p>SEPT. 7</p> | <p>Rice Chex Cereal String Cheese</p> <p>1% LF White Milk 100% Assorted Fruit Juice</p> <p>DAYCARE ONLY</p> <p>SEPT. 8</p> |
| <p>Frosted Flakes RS Cereal</p> <p>1% LF White Milk 100% Assorted Fruit Juice</p> <p>GSRP/TUITION 1 & 2/ECSE</p> <p>SEPT. 11</p> | <p>Kix Cereal Trix Yogurt</p> <p>1% LF White Milk Mixed Fruit Applesauce Cup</p> <p>GSRP/TUITION 1 & 2/ECSE</p> <p>SEPT. 12</p> | <p>Bagel w/ Strawberry Cream Cheese</p> <p>1% LF White Milk 100% Assorted Fruit Juice</p> <p>GSRP/TUITION 1 & 2/ECSE</p> <p>SEPT. 13</p> | <p>Mini Cinnamon French Toast</p> <p>1% LF White Milk Craisins</p> <p>GSRP/TUITION 1 & 2/ECSE</p> <p>SEPT. 14</p> | <p>Honey Cheerios Cereal String Cheese</p> <p>1% LF White Milk 100% Assorted Fruit Juice</p> <p>DAYCARE ONLY</p> <p>SEPT. 15</p> |

BREAKFAST: A full preschool breakfast includes a choice of entree supplying grain and/or protein, one fruit side dish and milk. Milk choice includes 1% low-fat white Milk. **ALL STUDENTS WILL RECEIVE FREE BREAKFAST UNTIL MAY 31, 2023.** Questions or concerns please contact the Food Service Director Melissa Alley at Melissa.alley@spartaschools.org.

MENU SUBJECT TO CHANGE

This institution is an equal opportunity provide.