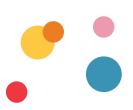


What's on the Menu?



Appleview Elementary Lunch Menu September 18th – October 13th, 2023

Monday	Tuesday	Wednesday	Thursday	Friday
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Breaded Chicken Sandwich	Teriyaki Dippers w/ a Side of Mac & Cheese	Sweet N Sour Popcorn Chicken W/ Fried Rice	Chicken Tenders W/ Waffles	French Bread Pepperoni Pizza
Waffle Fries	BBQ Baked Beans	Seasoned Peas & Carrots	Tater Tots	Seasoned Corn
National Cheeseburger Day SEPT. 18	SEPT. 19	National Fried Rice Day SEPT. 20	SEPT. 21	SEPT. 22
2 Soft Pretzels W/ Cheese Sause	2 Pancakes W/ Scrambled Eggs & Sausage Link	Enriched Spaghetti W/ Meat Sauce Garlic Bread	Popcorn Chicken W/ Breadstick	Beef Walking Taco
Curly Fries National Food Service	Tater Tots	Seasoned Green Beans	Mashed Potatoes W/ Gravy	Refried Beans w/ Cheese
Worker Day SEPT. 25	National Pancake Day SEPT. 26	National Chocolate Milk Day SEPT. 27	SEPT. 28	SEPT. 29
Hot Dog	Homemade Cheese Pizza	Chicken Soft Shell Taco	Chicken Nuggets	Homemade Macaroni & Cheese w/ Warm Pretzel
Oven Baked Fries	Seasoned Green Beans	Refried Beans W/ Cheese	Seasoned Corn	Seasoned Broccoli w/
School Custodian Appreciation Day OCT. 2	ОСТ. 3	National Taco Day OCT. 4	OCT. 5	Cheese National Noodle Day OCT. 6
French Toast W/ Scrambled Eggs W/	Beef Nachos	Stuffed Crust Sausage & Cheese Pizza	Buffalo Chicken Dip W/ Tortilla Chips	Sticks w/ Cornbread
Cheese Tater Tots	Refried Beans w/ Cheese	Seasoned Green Beans	Seasoned Corn	Poppers Smile Fries
National School	Lunch Week	National Sausage Pizza Day		—
OCT. 9	OCT. 10	OCT. 11	OCT. 12	OCT. 13
		Daily Alternatives		
B. Mini Corn Dogs	B. Breaded Chicken Wrap	B. Cheeseburger/Bacon Burger	B. Fruit Yogurt Parfait w/ Granola	B. Bosco Breadsticks W/ Marinara Sauce
C. PB&J Uncrustable Fun Lunch	C. PB&J Uncrustable Fun Lunch	C. PB&J Uncrustable Fun Lunch	C PB&J Uncrustable Fun Lunch	C. PB&J Uncrustable Fun Lunch
Assorted Fresh Fruit Assorted 100% Fruit Juice Assorted Fresh Veggies	Assorted Fresh Fruit Assorted 100% Fruit Juice Assorted Fresh Veggies	Assorted Fresh Fruit Assorted 100% Fruit Juice Assorted Fresh Veggies	Assorted Fresh Fruit Assorted 100% Fruit Juice Assorted Fresh Veggies	Assorted Fresh Fruit Assorted 100% Fruit Juice Assorted Fresh Veggies

