Sparta High School Lunch Menu August 21st – 25th, 2023

All meals come with choice of low-fat 1% white or chocolate milk MENU SUBJECT TO CHANGE

	MENO CODUE			
Monday	Tuesday	Wednesday	Thursday	Friday
Popcorn Chicken-plain or <mark>spicy</mark> Side of Mac n Cheese Curly Fries Baked Beans	Baked Potato Bar- Potato, Ham, Cheese, Bacon 2 Soft Pretzels w/ Cheese Sauce Broccoli w/ Cheese Sauce	Burger Bar: Cheese, Bacon, Chili, Assorted Veggies Corn On the Cob	Waffle W/ Sausage Links & Scrambled Eggs W/ Cheese Tater Tot National Waffle Day	Enriched Spaghetti W/ Meat Sauce Garlic Bread Seasoned Green Beans
				nos, or Walking
Enriched Chicken, Bacon, Ranch Pizza	Pepperoni & Sausage Pizza	Meat Lover's Pizza	Supreme Pizza	Classic Pepperoni Pizza
Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Bosco Breadsticks w/ Marinara Sauce	Classic Cheese Pizza
Mini Corn Dogs	Cheeseburger	BBQ Pulled Pork Sandwich	Chicken Nuggets w/ Dinner Roll	Plain or <mark>Spicy</mark> Breaded Chicken Sandwich
Sandwich			Bacon Cheeseburger	BBQ Riblet Sandwich
Curly Fries Baked Beans	Broccoli w/ Cheese Sauce	Sandwich Corn on the Cob	Tater Tots	Seasoned Green Beans
	Build V	'our Own Deli S	Sandwich	
SO Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns & DELI Wraps, Vegetable Toppings, and Condiments				
AVAILAE		OGURT PARFAITS	& PB&J UNCRUSTA	BLE2
Italian Chicken Pasta Salad w/ Dinner Roll	Caesar Salad w/ 2 Dinner Rolls	2 Dinner Rolls	Ham & Cheese Salad w/ 2 Dinner Rolls	w/ 1 Dinner Roll
Breaded Chicken Caesar Wrap	Turkey, Bacon, Ranch Wrap	Hummus Combo	Buffalo Chicken Wrap	Salami, Ham, & Cheese Italian Wrap
Side Salad Cucumber Coins Assorted Veggies 100% Fruit Juice Assorted Fruit Fresh Pear	Broccoli Florets Side Salads Assorted Veggies 100% Fruit Juice Fresh Apple Slices Red Seedless Grapes Assorted Fruit	Celery Sticks Mixed Peppers Side Salad Assorted Veggies 100% Fruit Juice Banana Assorted Fruit	Baby Carrots Side Salad Assorted Veggies 100% Fruit Juice Orange Wedges Applesauce Assorted Fruit	Side Salad Celery Sticks Assorted Fresh Veggies Fresh Apple Side Kick Slushies Assorted Fruit
	Monday Popcorn Chicken-plain or spicy Side of Mac n Cheese Curly Fries Baked Beans DAILY: Build yo Tacos. Top it y Enriched Chicken, Bacon, Ranch Pizza Classic Cheese Pizza Mini Corn Dogs Spicy Crispy Chicken Sandwich Curly Fries Baked Beans Kurly Fries Baked Beans AVAILAE Italian Chicken Pasta Salad w/ Dinner Roll Breaded Chicken Caesar Wrap Side Salad Cucumber Coins Assorted Veggies 100% Fruit Juice Assorted Fruit	MondayTuesdayPopcorn Chicken-plain or spicyBaked Potato Bar- Potato, Ham, Cheese, Bacon 2 Soft Pretzels w/ Cheese SauceCurly Fries Baked BeansBroccoli w/ Cheese SauceDAILY: Build yo Tacos. Top it your own Chicken, F Tacos. Top it your way with freshEnriched Chicken, Bacon, Ranch PizzaPepperoni & Sausage PizzaClassic Cheese PizzaClassic Cheese PizzaClassic Cheese PizzaClassic Cheese PizzaMini Corn Dogs Spicy Crispy Chicken SandwichCheeseburger Pizza SubCurly Fries Baked BeansBroccoli w/ Cheese SauceMini Corn Dogs Side Salad Curly Fries Baked BeansCheeseburger Pizza SubMini Corn Dogs Side Salad w/ Dinner RollCheeseburger Pizza SubBroccoli w/ Cheese SauceBroccoli w/ Cheese SauceAvailable Daily: Variety O Wraps, VegetaAvailable Daily: Variety O Dinner RollsBreaded Chicken Caesar WrapGrilled Chicken Caesar Salad w/ 2 Dinner RollsSide Salad Cucumber Coins Assorted Veggies 100% Fruit Juice Fresh Apple Slices Red Seedless Grapes	MondayTuesdayWednesdayPopcorn Chicken-plain or spicyBaked Potato Bar- Potato, Ham, Cheese, Bacon 2 Soft Pretzels w/ Cheese SauceBurger Bar: Cheese, Bacon, Chili, Assorted VeggiesSide of Mac n Cheese Baked BeansBroccoli w/ Cheese SauceCorn On the CobDAILY: Build your own Chicken, Beef, or Bean Tac Tacos. Top it your way with fresh veggies, saucesCorn On the CobEnriched Chicken, Bacon, Ranch PizzaPepperoni & Sausage PizzaMeat Lover's PizzaClassic Cheese PizzaClassic Cheese PizzaClassic Cheese PizzaMini Corn Dogs Spicy Crispy Chicken SandwichCheeseburger Pizza SubBBQ Pulled Pork SandwichCurly Fries Baked BeansCheeseburger Pizza SubBroccoli w/ Cheese SauceMini Corn Dogs Spicy Crispy Chicken SandwichCheeseburger Pizza SubBBQ Pulled Pork Sandwich Corn on the CobMini Corn Dogs SauceCheeseburger Pizza SubBreaded Chicken Club Sandwich Corn on the CobMini Corn Dogs SaudeCheeseburger Pizza SubBreaded Chicken Club Sandwich Corn on the CobMini Corn Dogs SaudeCheese SauceBreaded Chicken Club Sandwich Corn on the CobCurly Fries Baked BeansGrilled Chicken Caesar Salad w/ 2 Dinner RollsTurkey Chef Salad w/ 2 Dinner RollsBreaded Chicken Caesar WrapGrilled Chicken Caesar Salad w/ 2 Dinner RollsTurkey Chef Salad w/ 2 Dinner RollsBreaded Chicken Caesar WrapTurkey, Bacon, Ranch WrapHummus ComboSide Salad	Baked Potato Bar- Popcorn Chicken-plain or spicy Baked Potato Bar- Potato, Ham, Cheese, Bacon Burger Bar: Cheese, Bacon, Chili, Assorted Waffle W/ Sausage Links & Scrambled Eggs W/ Cheese Curty Fries Baked Beans 2 soft Pretzels w/ Cheese Sauce Corn On the Cob Tater Tot DAILY: Build your own Chicken, Bacon, Ranch Pizza Beef, or Bean Tacos, Burritos, Nacf Tacos. Top it your way with fresh veggies, sauces, & cheese Supreme Pizza Enriched Chicken, Bacon, Ranch Pizza Pepperoni & Sausage Pizza Meat Lover's Pizza Bosco Breadsticks w/ Marinara Sauce Mini Corn Dogs Spicy Crispy Chicken Sandwich Cheeseburger Pizza Sub Broccoli w/ Cheese Sauce BBQ Pulled Pork Sandwich Chicken Nuggets w/ Dinner Roll Baked Beans Cheeseburger Pizza Sub Broccoli w/ Cheese Sauce BBQ Pulled Pork Sandwich Chicken Nuggets w/ Dinner Roll Available Daily: Variety of Meats, Cheeses, Homemade Wraps, Vegetable Toppings, and Condiment Caesar Salad w/ Salad w/ Dinner Rolls Turkey Chef Salad w/ 2 Dinner Rolls Ham & Cheese Salad w/ 2 Dinner Rolls Breaded Chicken Caesar Wrap Side Salad Side Salad Broccoli Florets Side Salad Celery Sticks Mixed Peppers Side Salad Baby Carrots Side Salad Side Salad Sasorted Veggies 100% Fruit Juice Fresh Pear Broccoli Florets Red Seedless Grapes Celery Sticks Mixed Peppers Side Salad Ba

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Sparta High School Lunch Menu August 28th – September 1st, 2023

All meals come with choice of low-fat 1% white or chocolate milk MENU SUBJECT TO CHANGE

		MENU SUBJ	ECT TO CHAN	IGE	
	Monday	Tuesday	Wednesday	Thursday	Friday
cr eat e	Macaroni & Cheese- Plain or Tex-Mex Warm Soft Pretzel Roasted Green Beans	Beef Hot Dog Bar: Assorted Cheese, veggies, & toppings BBQ Baked Beans Curly Fries	Breakfast for Lunch 2 Pancakes Scrambled Eggs W/ Cheese & Sausage links Tater Tots	Wing on the Weekend!! <u>Bone in or Boneless</u> Wings w/ Breadstick Sauces-mild, sweet chili, buffalo, Nashville Hot Seasoned Corn	No School
SONO SELEDRATE LATIN	· · ·		Beef, or Bean Tao veggies, sauces	cos, Burritos, Nac , & cheese	hos, or Walking
	Italian Stromboli	Classic Pepperoni Pizza	Enriched Meat Lover's Pizza	Pizza	No School
22 mato	Bosco Breadsticks w/ Marinara	Classic Cheese Pizza	Classic Cheese Pizza	Meat Lover's Stromboli	
grilled EXPRESS	Chicken Tenders plain or Spicy w/ Side of Mac n Cheese Spicy Crispy Chicken Sandwich Cheeseburger Roasted Green	Grilled Chicken Sandwich on a Pretzel Bun Breaded Mozzarella Sticks w/ Marinara Sauce BBQ Baked Beans	Corn Dog Spicy or Plain Breaded Chicken Sandwich Tater Tots	Chicken & Cheese Crispitos Soft Pretzel Bites w/ Jalapeno Cheese Dip Seasoned Corn	No School
	Beans	Curly Fries	/our Own Deli S		
\sim	A				0.14/
SO DELI	Available	-	/ of Meats, Che Toppings, and	eses, Sub Bun Condiments	s, & Wraps,
200		Vegetable	roppinge, and		
		LY- FRUIT YOGUR	T PARFAITS & PB&	JUNCRUSTABLES	
ONEGO	Turkey Chef Salad w/ 2 Dinner Rolls	Breaded Chicken Salad w/ 1 Dinner Roll	Cobb-Egg & Cheese Salad w/ 2 Dinner Rolls	Ham & Cheese Chef Salad w/ 2 Dinner Rolls	No School
	Breaded Chicken Caesar Wrap	Italian Pasta Salad w/ Ham & Salami	Turkey, Bacon, Ranch Wrap	Honey Mustard Breaded Chicken Wrap	
extra. extra	Side Salad Cucumber Coins Assorted Veggies 100% Fruit Juice Assorted Fruit Fresh Pear	Baby Carrots Side Salad Assorted Veggies 100% Fruit Juice Fresh Apple Slices Red Seedless Grapes Assorted Fruit	Celery Sticks Side Salad Assorted Veggies 100% Fruit Juice Banana Assorted Fruit	Cherry Tomatoes Side Salad Assorted Veggies 100% Fruit Juice Orange Wedges Applesauce Assorted Fruit	No School

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What's on the Menu?

Sparta High School Lunch Menu September 4th – 8th, 2023 All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE

	MENU SUBJECT TO CHANGE					
	Monday	Tuesday	Wednesday	Thursday	Friday	
cr eat e	No School	Chicken & Vegetable Dumplings Fried Rice Mashed Potatoes W/ Gravy	Beef Lasagna W/ Rotini Noodles Garlic Bread Seasoned Peas & Carrots	Buffalo chicken Dip w/ Tortilla Chips Curly Fries	Chicken Fajita Bowl w/ Black Beans W/ Corn & Brown Rice Sauteed Peppers & Onions Seasoned Mixed Veggies	
SONO CELEBRATE LAHR	· ·	ur own Chicken, B our way with fresh			os, or Walking	
	Т					
4	No School	Meat Lover's Flatbread	Classic Pepperoni Pizza	Supreme Pizza	Enriched Pepperoni & Sausage Pizza	
		Classic Cheese Pizza	Classic Cheese Pizza	Bosco Breadsticks w/ Marinara Sauce	Classic Cheese Pizza	
grilled EXPRESS	No School	Spicy Breaded Chicken Sandwich	Beef Riblet Sandwich Breaded Mozzarella	Beef Philly Cheese Steak Sandwich	Chicken Tenders-Plain or Spicy w/ Mac n Cheese	
		Cheeseburger	Sticks w/ Marinara Sauce	Breaded Chicken Sandwich	Breaded Fish Sandwich	
		Mashed Potatoes W/	Seasoned Peas & Carrots	Bacon Cheeseburger	Seasoned Mixed	
		Gravy		Curly Fries	Veggies	
	I					
$c \cap$	Build Your Own Deli Sandwich					
SO DELI Available Daily: Variety of Meats, Cheeses, Homemade Sub Bu Wraps, Vegetable Toppings, and Condiments					Sub Buns, &	
DELI	Wraps, Vegetable Toppings, and Condiments					
		LY-FRUIT YOGURT		UNCRUSTABLES		
ON≝GO No Sch	No School	Turkey Chef Salad w/ 2 Dinner Rolls	Buffalo Popcorn Chicken Salad w/ 1 Dinner Rolls	Ham Chef Salad w/ 2 Dinner Rolls	Breaded Chicken Salad w/ Dinner Roll	
		Italian Chicken & Cheese Wrap	Buffalo Chicken Wrap	Turkey, & Ham Sub	Turkey Pesto Wrap	
ovteo		Baby Carrots Side Salad Assorted Veggies	Celery Sticks Side Salad Assorted Veggies	Baby Carrots Side Salad Assorted Veggies	Fresh Broccoli Florets Assorted Veggies Side Salad	
extra. extra	No School	100% Fruit Juice Fresh Apple Slices	100% Fruit Juice Banana	100% Fruit Juice Orange Wedges	100% Fruit Juice Assorted Fruit	
		Assorted Fruit	Assorted Fruit	Applesauce Assorted Fruit	Sidekick Slushie	



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Sparta High School Lunch Menu September 11th – 15th 2023

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE

			CT TO CHANGE				
	Monday	Tuesday	Wednesday	Thursday	Friday		
cr eat e	Potato Pierogis W/ Homemade Cheese Sause Oven Baked Fries BBQ Baked Beans	Southwest Breakfast Bowl w/ Chorizo in a Flour Tortilla Tater Tots	Sweet Thai Chili Popcorn Chicken Fried Rice Egg Roll Seasoned Peas & Carrots	Enriched Chicken Alfredo Pasta Garlic Breadstick Seasoned Broccoli w/ Cheese Sauce	Breaded Chicken Drumstick w/ Cornbread Apple Crisp Mashed Potatoes w/ Gravy		
SONO CELEBRATE LATIN	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese						
	Enriched Supreme Pizza	Classic Pepperoni Pizza	Italian Sausage Pizza	Chicken Alfredo Pizza	Personal Meat Lover's Pizza		
mato	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Bosco Breadsticks w/ Marinara Sauce	Classic Cheese Pizza		
grilled	Sloppy Joe Breaded Chicken	Chicken Tenders-Plan or <mark>Spicy</mark> w/ Dinner Roll	Mini Corn Dogs Spicy Breaded	Bacon Cheeseburger 2 Chicken & Cheese	Grilled Chicken Sandwich on a Ciabatta Roll		
	Sandwich	Cheeseburger	Chicken Sandwich	Crispitos	Teriyaki Beef Dippers W/ Side of Mac n Cheese		
EXPRESS	Oven Baked Fries BBQ Baked Beans	Tater Tots	Seasoned Peas & Carrots	Seasoned Broccoli W/ Cheese Sauce	Mashed Potatoes w/ Gravy		
		Build Y	'our Own Deli S	Sandwich			
50	Available D	aily: Variety of	[•] Meats. Chees	es. Homemade	Sub Buns, &		
DELI	Available Daily : Variety of Meats, Cheeses, Homemade Sub Buns, & Wraps, Vegetable Toppings, and Condiments						
		ILY-FRUIT YOGURT	PARFAITS & PB&.				
ONEGO	Grilled Chicken Caesar Salad w/ 2 Dinner Rolls	Turkey Chef Salad w/ 2 Dinner Rolls	Popcorn Chicken Salad w/ 2 Dinner Rolls	Ham & Cheese Chef Salad w/ 2 Dinner Rolls	Breaded Chicken Salad w/ Dinner Roll		
	Ham & Cheese Wrap	Ham & Salami Pasta Salad	Hummus Combo	Buffalo Chicken Wrap	Tuna Pasta Salad		
ovteo	Cherry Tomatoes Side Salad Assorted Veggies	Baby Carrots Side Salad 100% Fruit Juice	Side Salad Mixed Peppers Assorted Veggies	Cucumbers Side Salad Assorted Veggies	Fresh Broccoli Florets Assorted Veggies Side Salad		
extra	100% Fruit Juice Assorted Fruit Fresh Pear	Assorted Fruit Red Seedless Grapes	100% Fruit Juice Banana Assorted Fruit	100% Fruit Juice Orange Wedges Applesauce Assorted Fruit	100% Fruit Juice Assorted Fruit Sidekick Slushie		



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